

Speech and Language Therapy

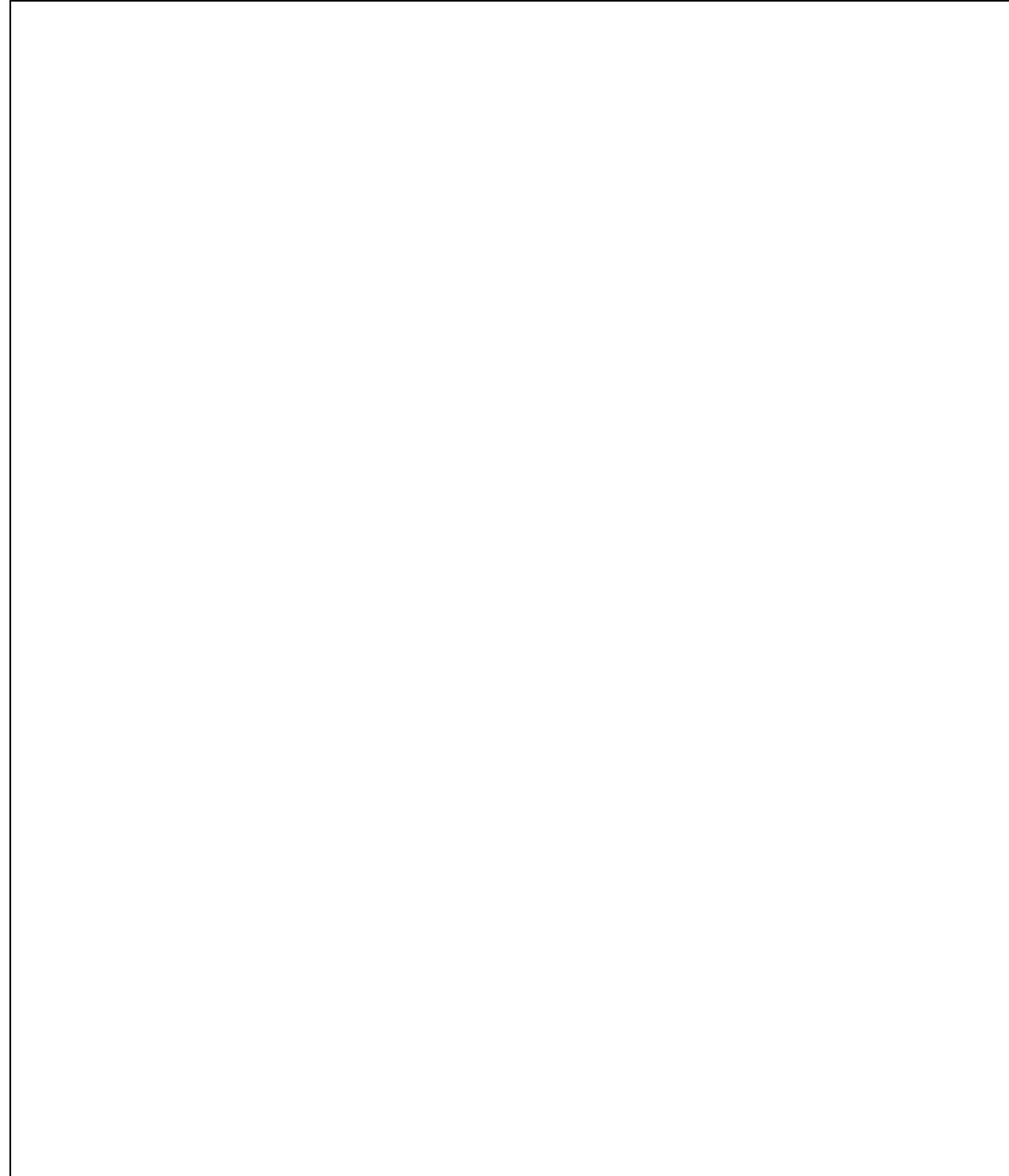
My Qualities and Strengths

Lesson 14 of 14 on Emotional Regulation and Self Esteem

Emma Jones



My Skills and Talents - What am I good at?

A large, empty square box with a thin black border, intended for a person to write down their skills and talents.

Key words

Kind	Funny	Generous
Thoughtful	Sensible	Friendly
Caring	Interesting	Brave



What do people like about me?

People think I am

What?

Why?

Funny

Because I know some good jokes that make people laugh

Kind	Funny	Generous
Thoughtful	Sensible	Friendly
Caring	Interesting	Brave

