Occupational Therapy

Visual Perception: Scanning

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Letter and number matching

- Have an adult write down all the letters of the alphabet and numbers 1 to 10 in big
 writing on a piece of paper
- Ask an adult to also print and cut out the numbers and letters on the next slide or to write out the numbers and letters on another piece of paper and cut them out.
- Randomly take one of the cut out numbers or letters.
- Find the matching written letter or number and place the one in your hand on top of it.
- Keep going until you have covered them all on the page.
- You could make this tough by doing all letters and the numbers at the same time.
- The adult could jumble up the order of the written letters and numbers to give you more of a challenge.

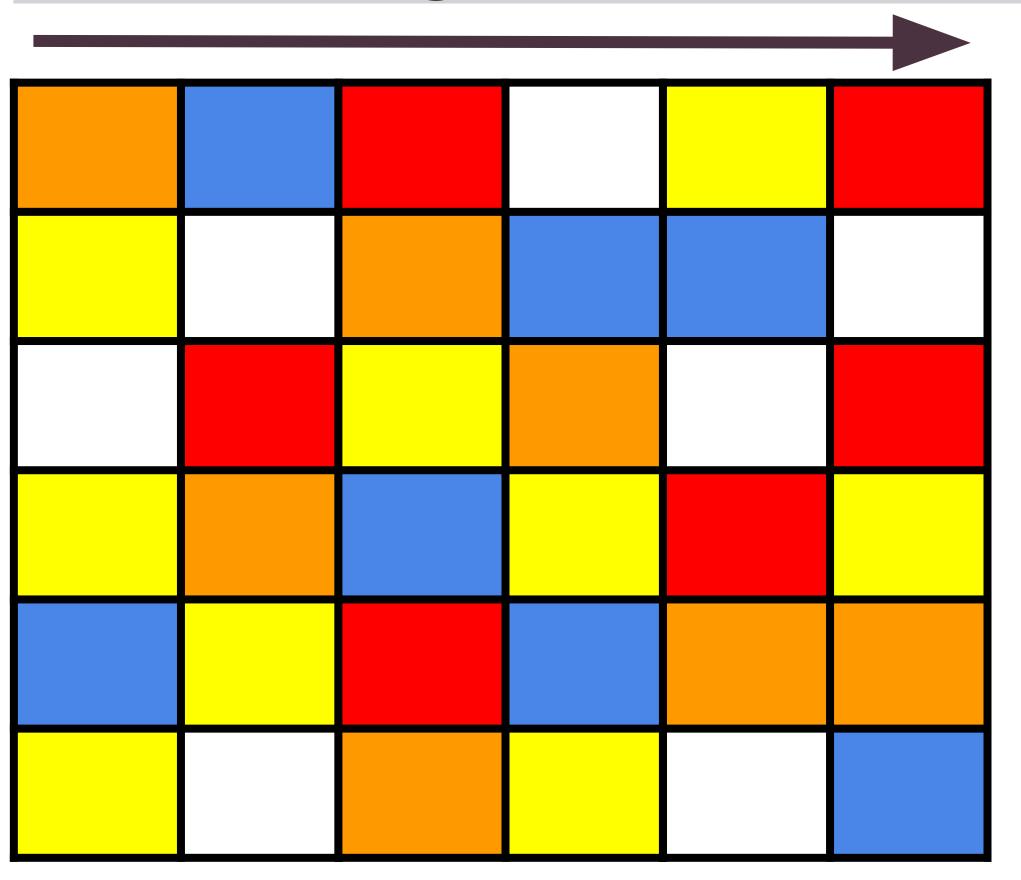


0123456789

a b c d e f g h i j k l m n o p q r s t u v w x y z



Grid scanning



If you don't have a colour printer, you can draw and colour your own grid to match the coloured one in the worksheet or video.

Look at the grid and call out the colour order.

Go from left to right and then at the end drop to the row below and keep going.

Once you have reached the end, do it again, but this time, call out the colours going from top to bottom, going down each column then across to the next.