

Physical Education (PE) - Outdoor and adventurous activity: following instructions and problem solving skills

Mission Impossible

Mrs Repton



Outdoor and Adventurous Activity: Lesson 3

Tasks

1) Mission Impossible

- Cut your piece of paper in a way that you can create a loop to climb through.
- Watch what the teacher does, then have another go.
- Can you time yourself?

2) Personal challenge

- Find a doorway in your house and tape toilet paper across and diagonally to create at least 4 gaps.
- Try to climb through the gaps, without tearing the toilet paper.
- After you have successfully climbed through without tearing the paper, try to rescue large household items, using only one hole each time.
- Set yourself a time limit to retrieve the items.



Learning questions:

Task 1:

- What difficulties or challenges did you encounter?
- What did you do differently on your second attempt?

Task 2:

- What was the hardest aspect of this challenge?
- How did you overcome that challenge?
- Did you have to adapt your approach as the tea towel reduced in size?

