Speech and Language Therapy

## Celebrating success

# Lesson 13 of 14 on Emotional Regulation and Self Esteem

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# Recording my successes

When?	What happened?	What did I do?



#### Words of praise

Little things make a big difference!

Find as many opportunities over the day to use descriptive praise.

Use simple language to tell the child what they are doing and the effort they are putting in.

Avoid words that don't have concrete meaning like fantastic or amazing.

Talk about the value or a quality that the child is showing because of their effort, for example 'gave out the glue sticks, that is really responsible' or 'you played with another child that is really friendly'.



## WOW wall!



