

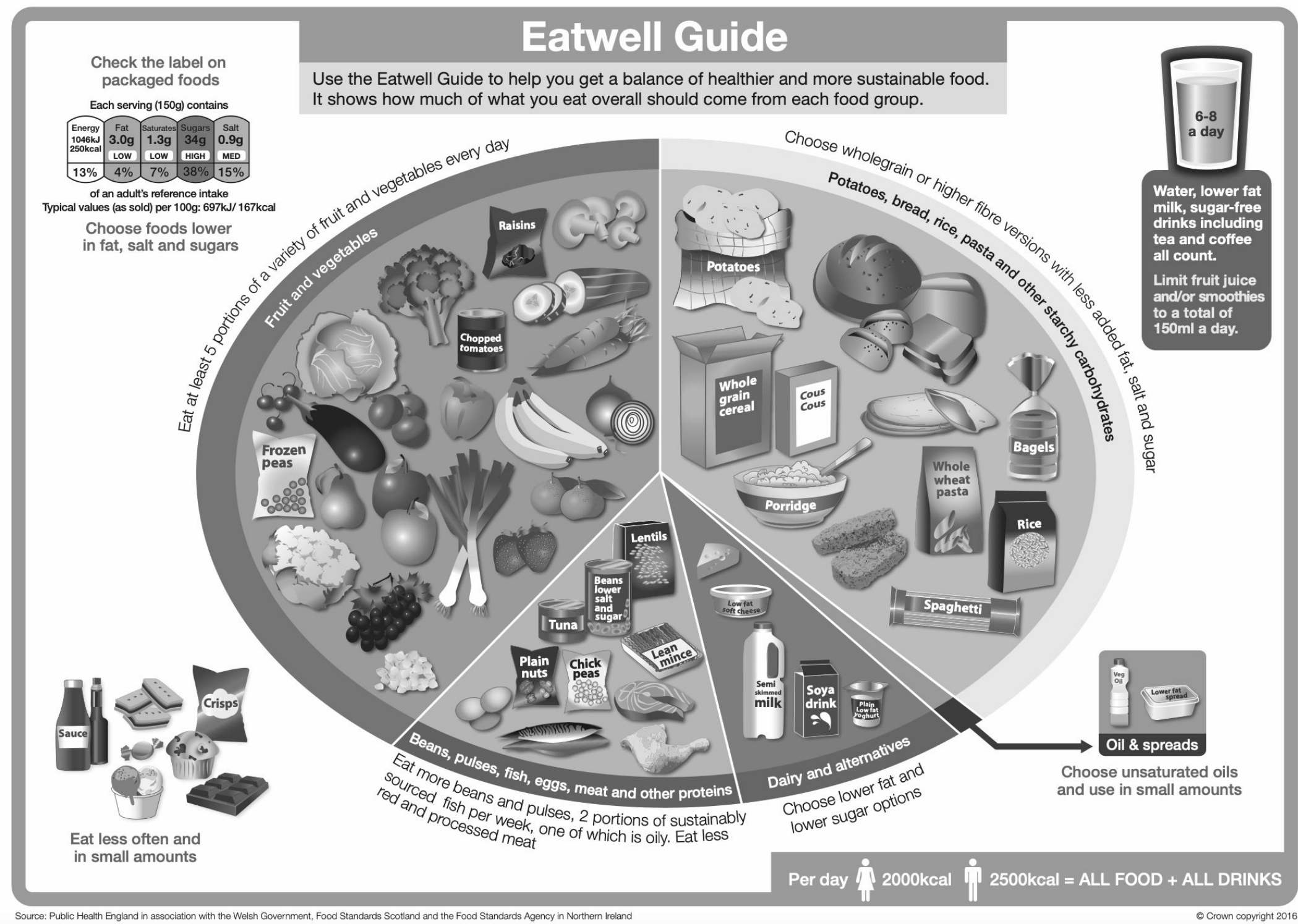
# Exploring the Eatwell Guide: investigating how to make a smoothie

Design and technology - Cooking and nutrition: preparing fruit and vegetables

Mrs L Mee



# Exploring the Eatwell Guide



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