

Following Instructions



For this lesson, you will need:

- Instruction symbols
 - stand up
 - sit down
 - clap
 - stamp



Following instructions

In this lesson we are going to play a game. The game involves listening to and following instructions. You also need to take turns.

1. Choose a leader



Getting ready

Cut out symbols or draw on paper different actions that your child can do. Place these symbols face down on a table or the floor.



How to play

The leader chooses an action symbol.



Giving the instruction

The leader reads out the instruction (you might want to go first as the leader to demonstrate to the child).

Everyone must follow the leader's instruction.



Now it's time to complete the activity

Playing the game

- **Now it's your turn to play 'the leader says'**
- **Start by using the sentence 'Everyone [action]'**
- **You can then vary the game by asking individual people to follow the instructions using the sentence '[name] [action]'**



Making it harder

This time the leader will pick two actions.

Everyone must follow the leader's instruction.



Now it's time to complete the activity

Play again

- **This time play again using two actions in your instruction.**
- **You can use the sentence 'everyone [action] and [action]'**
- **Take turns in being the leader**



Make it easier

Use symbols to support the learner

Adult demonstrates the game and the actions

Use just one action at a time

Make it harder

Try adding different actions to the sentence

You could increase the instructions by one more each time you play

More ideas

Play different turn taking games, such as:

Pass the parcel

Eye spy

Have a party game day and play lots of different games together

