Digestion and Nutrition Lesson 6 - Protein and Fats

Biology - Key Stage 3

Mrs Walsh



Write a method describing how to test food items for the presence of protein.

- Include the chemical test used and how you would know if you got a positive result.

To test for the presence of proteins, is added.
In the presence of proteins it will change colour from to to
As a safety precaution, you should
because





Write a method describing how to test food items for the presence of fats.

- Include the chemical test used and how you would know if you got a positive result.

To test for the presence of fats,	and are added.
In the presence of fats it will change colour	from to
As a safety precaution, you should	
because	



Complete the summary table to show the positive result for all the food tests.

Test for	Chemical	Colour changes from	To
Starch		Orange/brown	Blue/black
Sugar			
Protein			
Fat			



		Che	emical Test		
Food Item	lodine	Benedict's	Biuret	Ethanol + water	Components present
Biscuit	Orange-brown	Orange	Blue	Cloudy	
Apple	Orange-brown	Orange	Blue	Clear	
Bread	Blue-black	Green	Blue	Clear	
Milk	Orange-brown	Blue	Purple	Cloudy	
Cheese	Orange-brown	Blue	Purple	Cloudy	
Choco rice cereal	Blue-black	Purple	Blue	Clear	
Baby formula	Blue-black	Orange	Purple	Cloudy	
Tuna	Orange-brown	Blue	Purple	Clear	
Mayonnaise	Orange-brown	Green	Purple	Cloudy	
Wheat cereal	Blue-black	Blue	Blue	Clear	
Ketchup	Orange-brown	Orange	Light purple	Clear	
Orange juice	Orange-brown	Red	Blue	Clear	



Explain in detail how you would test a gingerbread-biscuit solution for the presence of starch, sugar, and protein.

Extension - write a prediction about what you expect the results to show.
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