

Oak Specialist

# Independent Living

## Unit 4- Community Living

Applying Learning



# Unit 4 - Community Living

## Lesson 1- Knowing which shop to buy from

Identifying a range of high street shops and knowing what they sell.

## Lesson 3- Best Value

Comparing same items from different shop including price, quality and quantity.

## Lesson 5- People who help us

Identifying emergency services and their roles.

## Lesson 2- Putting shopping away

Knowing where to store food in the kitchen and other items.

## Lesson 4- Health support in the community

Who can support us with health and where to find help in the community.

## Lesson 6- Travel in the community/ planning a journey

Following steps to plan a journey and choose the correct mode of transport.



# Lesson 6 - Travel in the community/ planning a journey



# Teacher notes - Lesson 6

## Travel in the community/planning a journey

Learning Intention: To plan a journey using public transport

1. Identify the different types of transport available to the public
2. Using Google Maps to plan a journey
3. Understanding a timetable
4. Buying a ticket
5. Planning your journey

Resources: paper and pen, visual support, access to the internet, examples of timetables



Independent Living

# Travel in the community/ planning a journey

Applying Learning



# Lesson stages

1. What public transport can I get?
2. How to use Google Maps
3. Understanding a timetable
4. Buying a ticket
5. Planning your journey



# What public transport can I get?



Train



Tram



Taxi



Bus



Tube



## Activity:

**This activity requires the use of the internet. Please ensure you complete this activity with a parent or carer.**

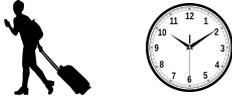
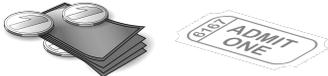
With a parent/carer visit Google Maps website online and complete the tasks below:

1. Enter a place you would like to visit in the search box.
2. Make a note of the distance it is away from where you live.
3. How long will the journey take?
4. Can you get to your chosen place by walking, cycling, or using public transport?



# Understanding a timetable

There are lots of different timetables available to help you plan a journey.  
What information does a timetable have?

- Departure time 
- Platform number 
- Destination 
- Price of the ticket 



# Train timetable:



## Departures from London Euston

Departures Arrivals

From London Euston

To (optional)

Show departures

powered by  
 National Rail Enquiries

View live train status and departure information boards for all UK train stations with Trainline. Check live times and platform information before boarding.

13:03 Tring Plat. 8  
West Midlands Trains Exp. 15/04 >

13:07 Liverpool Lime Street Plat. 5  
Avanti West Coast On time >

13:10 Glasgow Central Plat. 4  
Avanti West Coast On time >

13:15 Birmingham New Street Plat. 12  
West Midlands Trains On time >

13:15 Watford Junction Plat. 9  
London Overground On time >

13:20 Manchester Piccadilly -  
Avanti West Coast On time >

13:23 Birmingham New Street -  
Avanti West Coast On time >

## Book tickets from London Euston

Find tickets



# Bus timetable:

Edinburgh City Centre, Ed Pentecox, City Of Edinbur Via Leave after 13:07 11/07/2020 Now

Map Satellite

Leaves	Arrives	Travel time	Changes
<b>13:03</b>	<b>13:25</b>	<b>22mins</b>	<b>0</b>
			

<b>13:12</b>	<b>13:34</b>	<b>22mins</b>	<b>0</b>
			

<b>13:22</b>	<b>13:43</b>	<b>21mins</b>	<b>0</b>
			

Later Journeys Last Journey



# Tram timetable:

## First and last tram times

Enter your tram stops below to view the first and last tram times for the next seven days and the estimated journey time

Salford Quays tram stop

Manchester Airport tram stop

Show results >

## Frequency - All lines from Monday 22 June

Monday to Friday

06:00 to 19:00 every 10 minutes

19:00 to 23:00 every 20 minutes

Saturday

06:00 to 08:00 every 20 minutes

08:00 to 18:00 every 10 minutes

18:00 to 23:00 every 20 minutes



# Underground timetable:

## Piccadilly line timetable

From: Finsbury Park Underground Station	<a href="#">Edit</a>	
To: Piccadilly Circus Underground Station		
Monday - Friday	First service	
Depart 05:31	<b>to Heathrow Terminal 5 Underground Station</b>	>
Arrive 05:47	Piccadilly Circus Underground Station	
Depart 05:37	<b>to Hatton Cross Underground Station</b>	>
Arrive 05:53	Piccadilly Circus Underground Station	
Depart 05:42	<b>to Heathrow Terminal 5 Underground Station</b>	>
Arrive 05:58	Piccadilly Circus Underground Station	
Depart 05:47	<b>to Hatton Cross Underground Station</b>	>
Arrive 06:03	Piccadilly Circus Underground Station	
Depart 05:52	<b>to Heathrow Terminal 5 Underground Station</b>	>
Arrive 06:08	Piccadilly Circus Underground Station	



# Buying a ticket:

Once you have planned where you are going and what mode of transport you will need, next you have to pay for your journey or buy a ticket.



Pay the driver



Tap a card



Self-service



Ticket office



# Planning your journey:

Follow the steps to plan your journey:

1. Agree on where you are going
2. Use Google Maps to help you decide how you will travel - bus, train, walk?
3. Where do you set off from?
4. What is your destination?
5. How long will it take?
6. Where will you buy a ticket or pay for your journey?
7. How much does it cost to travel?



# Independent Living

## Community Living

Travel in the community/ planning a journey

### Make it easier

Ask a parent or carer to help you collect physical copies of a variety of timetables from the train station or bus station and highlight desired routes.

Role play making a journey, taking it in turns to be the driver, ticket officer and customer.

### Make it harder

Calculate the cost of a ticket and a return. Plan the journey for 2 or more people - how much will it cost now?

### More ideas

Ask a parent or carer to help you research online and discuss what other modes of transport are available:

Aeroplane

Bicycle

Boat/Ferry



# Signposting

## Independent Living:

- Building Understanding- Transport (Unit 4)
- Building Understanding- Planning a journey in the community (Unit 4)
- Applying Learning- Preparing for a trip (Unit 3)
- Applying Learning- Community safety (Unit 6)
- Applying Learning- Safety on transport (Unit 6)



# References

Slide 7-Virgin Trains Pendolino (UK),Luxury Train Club, Flickr Attribution 2.0 Generic (CC BY 2.0) / Tram, Comune di Milano, Flickr Attribution 2.0 Generic (CC BY 2.0)/Modern red London bus,Hendra Lee, Flickr Attribution 2.0 Generic (CC BY 2.0) / London taxi, Cabbie50, Flickr Attribution 2.0 Generic (CC BY 2.0) / Baker street tube, tube station, london tube, train, underground, platform, london, bakerloo line, TFL, subway, Pxfuel

Slide 8- Google maps, Pixabay

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