

Oak Specialist

Independent Living

Unit 4- Community Living

Applying Learning



Unit 4 - Community Living

Lesson 1- Knowing which shop to buy from

Identifying a range of high street shops and knowing what they sell.

Lesson 3- Best Value

Comparing same items from different shop including price, quality and quantity.

Lesson 5- People who help us

Identifying emergency services and their roles.

Lesson 2- Putting shopping away

Knowing where to store food in the kitchen and other items.

Lesson 4- Health support in the community

Who can support us with health and where to find help in the community.

Lesson 6- Travel in the community/ planning a journey

Following steps to plan a journey and choose the correct mode of transport.



Lesson 6 - Travel in the community/ planning a journey



Teacher notes - Lesson 6

Travel in the community/planning a journey

Learning Intention: To plan a journey using public transport

1. Identify the different types of transport available to the public
2. Using Google Maps to plan a journey
3. Understanding a timetable
4. Buying a ticket
5. Planning your journey

Resources: paper and pen, visual support, access to the internet, examples of timetables



Independent Living

Travel in the community/ planning a journey

Applying Learning



Lesson stages

1. What public transport can I get?
2. How to use Google Maps
3. Understanding a timetable
4. Buying a ticket
5. Planning your journey



What public transport can I get?



Train



Tram



Taxi



Bus



Tube



Activity:

This activity requires the use of the internet. Please ensure you complete this activity with a parent or carer.

With a parent/carers visit Google Maps website online and complete the tasks below:

1. Enter a place you would like to visit in the search box.
2. Make a note of the distance it is away from where you live.
3. How long will the journey take?
4. Can you get to your chosen place by walking, cycling, or using public transport?



Understanding a timetable

There are lots of different timetables available to help you plan a journey.
What information does a timetable have?

- Departure time



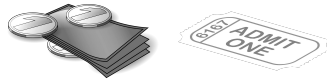
- Platform number



- Destination



- Price of the ticket



Train timetable:



Departures from London Euston

Departures

Arrivals

From London Euston

To (optional)

Show departures

powered by
National Rail Enquiries

View live train status and departure information boards for all UK train stations with Trainline. Check live times and platform information before boarding.

13:03 Tring Plat. 8
West Midlands Trains Exp. 13:04 >

13:07 Liverpool Lime Street Plat. 5
Avanti West Coast On time >

13:10 Glasgow Central Plat. 4
Avanti West Coast On time >

13:15 Birmingham New Street Plat. 12
West Midlands Trains On time >

13:15 Watford Junction Plat. 9
London Overground On time >

13:20 Manchester Piccadilly -
Avanti West Coast On time >

13:23 Birmingham New Street -
Avanti West Coast On time >

Book tickets from London Euston

Find tickets



Bus timetable:

📍

Edinburgh City Centre, Ed

✖

↔

Pentecox, City Of Edinburg

✖

Via

Leave after

⌵

🕒

13:07

🕒

📅

11/07/2020

📅

Now


✖

Map

Satellite

First Journey

Earlier Journeys

Leaves	Arrives	Travel time	Changes	
13:03	13:25	22mins	0	➔
				

Leaves

Arrives

Travel time

Changes


13:12

13:34

22mins

0

➔



Leaves

Arrives

Travel time

Changes


13:22

13:43

21mins


0

➔



Later Journeys

Last Journey





Tram timetable:

First and last tram times

Enter your tram stops below to view the first and last tram times for the next seven days and the estimated journey time

Salford Quays tram stop

Manchester Airport tram stop

Show results >

Frequency - All lines from Monday 22 June

Monday to Friday

06:00 to 19:00 every 10 minutes

19:00 to 23:00 every 20 minutes

Saturday

06:00 to 08:00 every 20 minutes

08:00 to 18:00 every 10 minutes

18:00 to 23:00 every 20 minutes



Underground timetable:

Piccadilly line timetable

From: Finsbury Park Underground Station

To: Piccadilly Circus Underground Station

Edit

Monday - Friday

First service

Depart 05:31 to Heathrow Terminal 5 Underground Station

Arrive 05:47 Piccadilly Circus Underground Station

Depart 05:37 to Hatton Cross Underground Station

Arrive 05:53 Piccadilly Circus Underground Station

Depart 05:42 to Heathrow Terminal 5 Underground Station

Arrive 05:58 Piccadilly Circus Underground Station

Depart 05:47 to Hatton Cross Underground Station

Arrive 06:03 Piccadilly Circus Underground Station

Depart 05:52 to Heathrow Terminal 5 Underground Station

Arrive 06:08 Piccadilly Circus Underground Station



Buying a ticket:

Once you have planned where you are going and what mode of transport you will need, next you have to pay for your journey or buy a ticket.



Pay the driver



Tap a card



Self-service



Ticket office



Planning your journey:

Follow the steps to plan your journey:

1. Agree on where you are going
2. Use Google Maps to help you decide how you will travel - bus, train, walk?
3. Where do you set off from?
4. What is your destination?
5. How long will it take?
6. Where will you buy a ticket or pay for your journey?
7. How much does it cost to travel?



Independent Living

Community Living

Travel in the community/ planning a journey

Make it easier

Ask a parent or carer to help you collect physical copies of a variety of timetables from the train station or bus station and highlight desired routes.

Role play making a journey, taking it in turns to be the driver, ticket officer and customer.

Make it harder

Calculate the cost of a ticket and a return. Plan the journey for 2 or more people - how much will it cost now?

More ideas

Ask a parent or carer to help you research online and discuss what other modes of transport are available:

Aeroplane

Bicycle

Boat/Ferry



Signposting

Independent Living:

- Building Understanding- Transport (Unit 4)
- Building Understanding- Planning a journey in the community (Unit 4)
- Applying Learning- Preparing for a trip (Unit 3)
- Applying Learning- Community safety (Unit 6)
- Applying Learning- Safety on transport (Unit 6)



References

Slide 7-Virgin Trains Pendolino (UK),Luxury Train Club, Flickr Attribution 2.0 Generic (CC BY 2.0) / Tram, Comune di Milano, Flickr Attribution 2.0 Generic (CC BY 2.0)/Modern red London bus,Hendra Lee, Flickr Attribution 2.0 Generic (CC BY 2.0) / London taxi, Cabbie50, Flickr Attribution 2.0 Generic (CC BY 2.0) / Baker street tube, tube station, london tube, train, underground, platform, london, bakerloo line, TFL, subway, Pxfuel

Slide 8- Google maps, Pixabay

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