

Oak Specialist

Independent Living

Unit 4- Community Living

Applying Learning



Unit 4 - Community Living

Lesson 1- Knowing which shop to buy from

Identifying a range of high street shops and knowing what they sell.

Lesson 3- Best Value

Comparing same items from different shop including price, quality and quantity.

Lesson 5- People who help us

Identifying emergency services and their roles.

Lesson 2- Putting shopping away

Knowing where to store food in the kitchen and other items.

Lesson 4- Health support in the community

Who can support us with health and where to find help in the community.

Lesson 6- Travel in the community/planning a journey

Following steps to plan a journey and choose the correct mode of transport.



Lesson 4 - Health support in the community



Teacher notes - Lesson 4

Health support in the community

Learning Intention: To know the different health services that are available to us in the community.

1. Identify the key health services
2. Where to go to manage own health
3. Booking appointments
4. Celebrate work completed

Additional resources: paper and pen, visual support, access to the internet



Community Living

Health support in the community

Applying Learning



Lesson stages

1. What healthcare can we get?
2. Where do I go to manage my health?
3. How do I book an appointment?



What healthcare can we get?

Task:

1. Look at the following people and their surroundings.
Their job is to look after you.
2. Do you know what they do?
3. Label each healthcare worker using the clues to help.



-Works in a hospital or a surgery.

-If you are feeling ill they will treat you and make you better.

-They wear a uniform and a name badge.



This man is a _____



-When you visit this person, you have to sit in a big chair and a light is shone into your mouth.

-They look after your teeth making sure they are clean and healthy.

-They wear a uniform and a name badge.



This lady is a



-Works in a place that has lots of pairs of glasses.

-They make sure your eyes are healthy.

-They will use instruments to look closely at your eyes.

-They wear a uniform and a name badge.



This man is an _____



-Works in a pharmacy.

-Will give you information about the medicine you are collecting.

-Will wear a uniform and a name badge.



This man is a _____



- Will visit you and your family if you need help with any problems you are facing.

-They will talk to you and write down your problems.

-They will give you advice.



This lady is a _____

-They wear a name badge.



Where do I go to manage my health?

- | | |
|--|-----------------------|
| 1. I have sore and itchy eyes and I keep getting headaches | opticians/dentist |
| | / |
| 2. I have tummy ache and a sore throat | social worker/doctor |
| | / |
| 3. I have toothache | dentist/pharmacist |
| | / |
| 4. I need to pick up my medicine | doctor/pharmacist |
| | / |
| 5. I am feeling very sad and don't want to leave my house | dentist/social worker |
| | / |



What information do I need to give when I book an appointment?

Name

Date of birth

Address

What is the problem?



How to book an appointment

Telephone

Online

Visit the reception desk



Independent Living: Community Living

Health support in the community

Make it easier

Role play each of the different job roles.

Use visuals to match each person to their place of work.

Make it harder

Ask your parent or carer to help you research the different healthcare providers online to gather more information about their job roles.

Ask your parent or carer to help find the address of your local healthcare providers.

More ideas

Talk about trust and safety: How to identify who they are/are they wearing a uniform?

Health workers should always have a name badge - if they do not, can we trust them?



Further Learning with Oak National

Independent Living:

- Building Understanding- Familiar health services (Unit 4)
- Applying Learning- People who help us (Unit 4)



References

Slide 8- Doctor, Pixabay

Slide 9- Woman Dentist, Pexels

Slide 10- Why are eye exams important, Metzger Eye care

Slide 11- Pharmacist Consult, Oregon State University, Flickr Attribution 2.0 Generic (CC BY 2.0)

Slide 12- Social work- talk, Army Medicine, Wikimedia Commons

