#### Combined Science - Biology - Key Stage 4

# Respiration

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#### **Independent Practice**

Respiration is the release of \_\_\_\_\_\_ from the \_\_\_\_\_ you've eaten. Like burning, it requires \_\_\_\_\_ and produces \_\_\_\_\_ and \_\_\_\_ as waste products.

Word Bank: oxygen, water, carbon dioxide, food, energy



### **Independent Practice**

Fill in the blanks. Use the following words: increases, decreases, more, faster, glucose

Condition	Change	Explanation
Heart Rate	during exercise	Pump blood to muscles More glucose and oxygen
Volume of blood pumped in each heart beat	during exercise	Pumps blood per beat More glucose and oxygen per beat
Breathing rate	during exercise	intake of oxygen Faster excretion of carbon dioxide
Breathing Depth	during exercise	air in every breath More oxygen in the body per breath
Glycogen levels in the muscles	during exercise	Glycogen is broken down into

## Independent Practice

Draw a line to match the condition with the change:

Increased heart rate

Increased breathing rate

Increased breathing depth

Increased blood volume

Decrease glycogen levels

More air in every breath

Pump more blood

More glucose ready for respiration

Pump blood faster

Intake of oxygen is faster

