

Idealised projections

This lesson covers body image. If this is a sensitive topic to you, we recommend checking with a trusted adult before starting, or doing the lesson with a trusted adult nearby.

Mrs Smith



What is 'body image'?

What makes people think they need to look a certain way?

Body Image and idealised projections

How does gaining likes and followers makes someone feel?

Why do you think some people feel social media leads to stress?

