

Early Development

Sensory Story: I just forget!

Home Management



Teacher notes: 'I just forget!'

Learning intention: To engage in a sensory story about household chores and develop a greater awareness of these chores using different senses.

1. Get the items for the story ready in advance.
 - If you don't have a particular prop or object feel free to use something different.
2. Tell the story.
 - Read the story in an exciting way, focusing on your learner and allowing moments to pause, listening for when they can communicate and interact with you.



Teacher notes- 'I just forget!'

3. Take photos or videos of your learner.
 - Over time this is a great way to assess your learner's engagement with different activities and stimuli.
4. Celebrate your learner's engagement with the activity with a song they enjoy or repeat the theme song.

Resources needed:

- | | |
|---|----------------------------|
| ● A toothbrush / toothpaste | ● A toy dog / soft fabric |
| ● A pillowcase | ● A plant |
| ● A plate & a spoon | ● A bowl with warm water |
| ● A washing up bowl with soapy warm water | ● A newspaper / some paper |
| ● A spray bottle with warm water | ● Some toys |
| ● A small jug | ● A dustpan & brush |
| ● A rain jacket | ● A glass / bottle of milk |



Lesson stages

1. Read the story
2. Explore the items
3. Sing
4. Help tidy up

1. Read story



2. Explore items



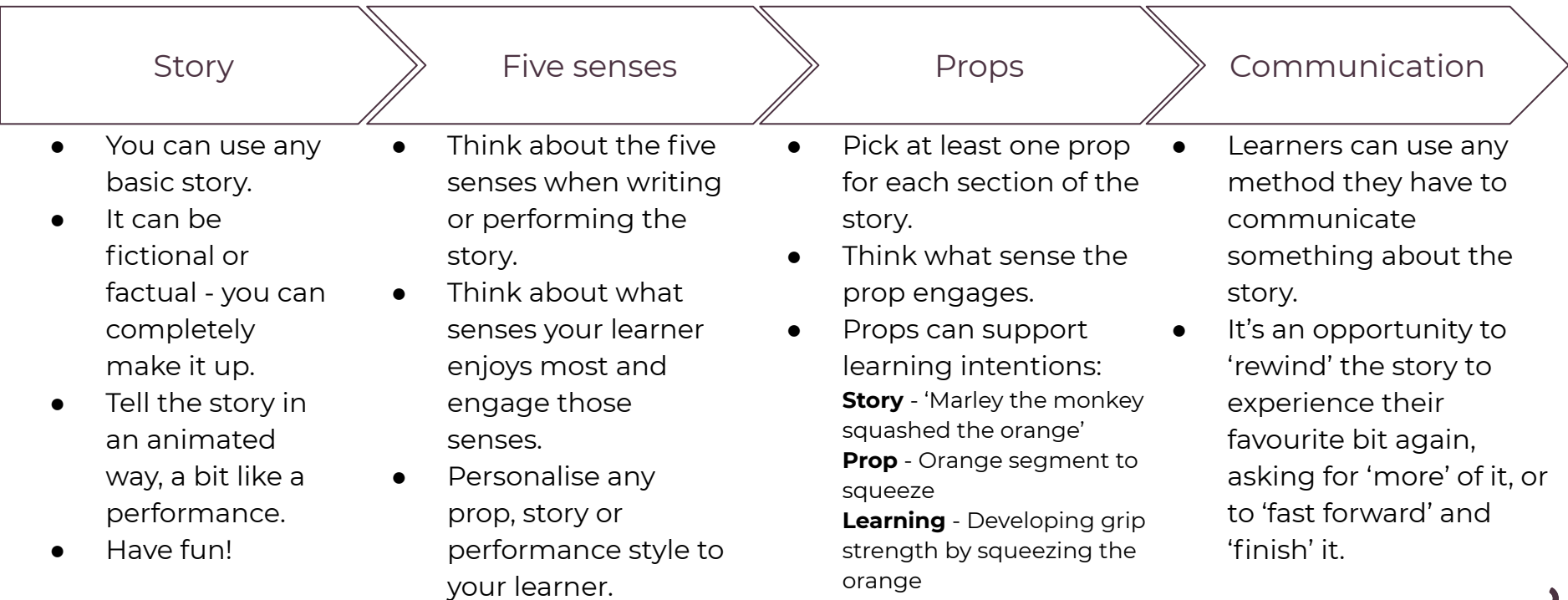
3. Sing



4. Help tidy up



What is a sensory story?



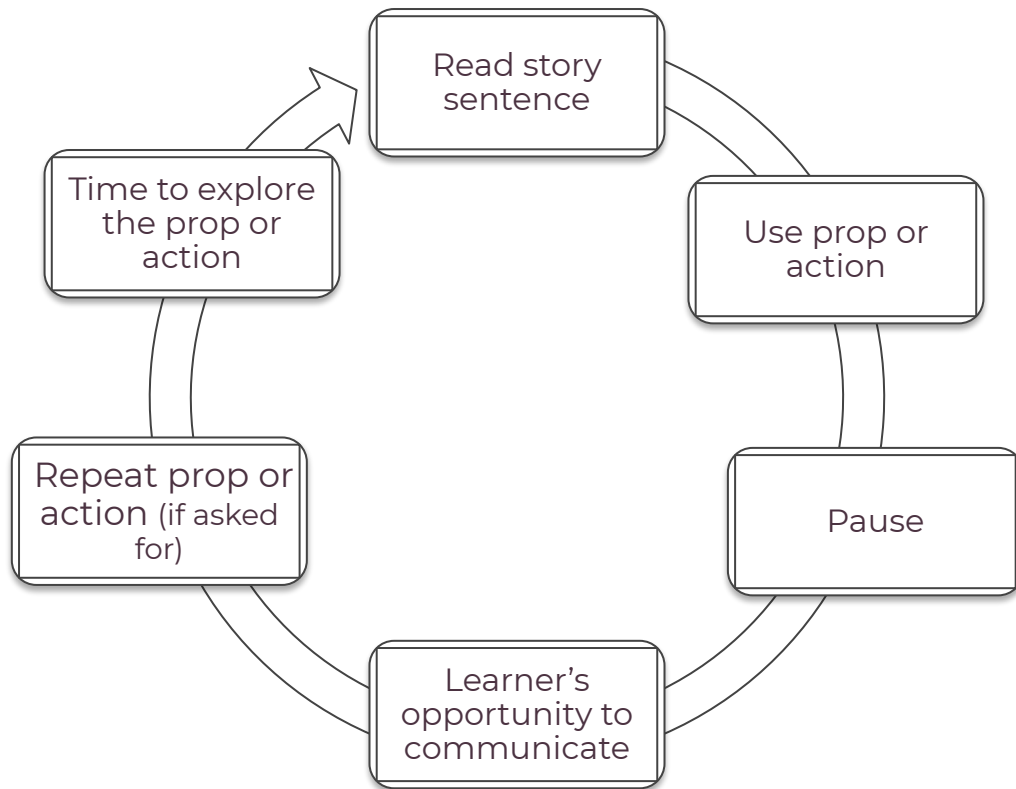
How to tell a sensory story

- First, read through the story yourself
- Tell your learner that you are going to read a story
- Can you create a before and after experience to give the story context?
- Begin the story with the theme song
- Read each sentence clearly following the script on the slides
- Follow your learners lead - see previous slide
- Let your learner explore the props for as long as they need
- Emphasise each new sentence (using your voice or an instrument)- imagine this is the equivalent of turning a page in a book
- At the end of the story repeat the theme song to end



Promoting Communication

Here are some ideas to consider when developing your learner's communication



Song lyrics that you can use

'I just forget!'

Tidying and cleaning all
around the house
I pick up my toys and I hang
the laundry out

Sometimes I remember to do
my household chores but
ooh ooh sometimes forget

But ooooh ooh sometimes
forget

'Where oh where?'

Where oh, where oh, where is _____?
Where oh, where oh, where is _____?
Where oh, where oh, where is _____?
Oh where can she/he/they be?

There oh, there oh, there is _____!
There oh, there oh, there is _____!
There oh, There oh, there is _____!
Oh there can she/he/they be!



Song lyrics continued

Hungry fish!

Poor little goldfish, he is so hungry
He wanted food but you forgot to
give (x2)

With a bloop bloop here and a
bloop bloop there and a bloop
bloop bloop everywhere

Poor little goldfish, he is so hungry
He wanted food but you forgot to
give (x2)

*(Encourage your child to vocalise
and replace 'bloop' with the sounds
they make!)*

It's raining!

It's raining, it's pouring
It's raining, it's pouring

And I don't want to get wet!

It's raining, it's pouring
It's raining, it's pouring

And I don't want to get wet!



Tell the story:

I just forget! – Part 1

<u>Story</u>	<u>Actions or props</u>	<u>Props</u>	<u>Song</u>
When it comes to household chores – sometimes I remember and sometimes I forget.	Brush scrunched up pieces of paper into the dustpan.	A dustpan and brush, A newspaper / paper	‘I just forget’ See lyrics on slide 8. The support video is on slide 12 of the worksheet.
This morning I remembered to brush my teeth... but forgot to make my bed!	Smell toothpaste and encourage your child to hold the toothbrush and make brushing movements. Play a hiding game with the pillow case.	A toothbrush / toothpaste, A pillowcase	‘Where oh where?’ See lyrics on slide 8. The support video is on slide 12 of the worksheet.



Tell the story:

I just forget! – Part 2

<u>Story</u>	<u>Actions or props</u>	<u>Props</u>	<u>Song</u>
I put my dishes in the sink after breakfast... but I forgot to put the milk away!	Put plates and spoons into a washing up bowl – listen to the sounds it makes. Explore the bottle / glass of milk – smell / taste if appropriate.	Plates and spoons, A washing up bowl with soapy warm water, A glass / bottle of milk	
I almost forgot to feed the puppy – but he reminded me!	Make barking sounds and encourage your child to locate the sound. Stroke the toy dog or soft fabric.	A toy dog or soft fabric	



Tell the story:

I just forget! – Part 3

<u>Story</u>	<u>Actions or props</u>	<u>Props</u>	<u>Song</u>
I remembered to water the plants... But I forgot to feed the goldfish!	Spray the plant with water. Explore water in the bowl and drop in tiny pieces of paper.	Water spray, A plant, A bowl of warm water	‘Hungry fish’ See lyrics on slide 9. The support video is on slide 12 of the worksheet.
I went to play outside in the rain and remembered my rain jacket... but forgot my boots!	Place your child’s jacket over them or help them put it on and spray water gently over their heads. Dip their feet into the bowl of water.	Your child’s rain jacket, Water spray, A bowl of warm water	‘It’s raining’ See lyrics on slide 9. The support video is on slide 12 of the worksheet.



Tell the story:

I just forget! – Part 4

<u>Story</u>	<u>Actions or props</u>	<u>Props</u>	<u>Song</u>
Uh oh, I forgot to bring in the newspaper and the puppy got there first.	Tear newspaper into shreds.	A newspaper / paper	
Before I went to bed I remembered to have a bath.... But I forgot to put my toys away!	Explore bubbles in bowl of water. Encourage your child to pick up toys and put them into a box. Turn it into a game by throwing them.	A washing up bowl with soapy warm water, A toy box / designated toy area, Some toys	
When it comes to household chores – sometimes I remember and sometimes I forget.	Choose any sensory experience from the story to repeat or just sing the song!		‘I just forget’ See lyrics on slide 8. The support video is on slide 12 of the worksheet.



Home management

Sensory story: I just forget!

Make it easier

Split up the story:

Reduce the amount of sections included when you tell the story, whether it's only one or two sections, to explore in more depth.

Make it harder

Help with chores:

Learners could have a moment everyday helping with one of the chores in the story, and you could see how they develop over the term.

More ideas

Memory game:

You could have pictures of the different objects, turn them upside-down and see if your learner can tell you with their specific communication method where the object is. You could also do this in exactly the same way with the actual object before you hide it behind a cloth or blanket.



Further learning with Oak National

Early Development:

- Independent Living
- Communication and Language
- Physical Development - Sensory Circuits

