

Oak Specialist

# **Independent Living**

## **Unit 1- Home Management**

Building Understanding



# Unit 1- Home Management

## Lesson 1- Cleaning in the home

Recognising common cleaning equipment and where to use it.

## Lesson 3- Sorting in the kitchen

Recognising kitchen appliances and what we use them for.

## Lesson 5- Clothes for occasions

Identifying different items of clothing dependent on the occasion or weather.

## Lesson 2- Setting the table

Counting equipment needed and using a visual to set the table.

## Lesson 4- Organising clothes

Sorting clothes by category and folding correctly.

## Lesson 6- Using a washing machine

Following step by step instructions to use a washing machine.



# Lesson 5- Clothes for occasions



# Teacher notes- Clothes for occasions

Learning Intention: To understand that different clothing items should be worn for different occasions

1. Introduce an example week, showing different weather and activities that require particular clothes. Talk through each day.
2. For each day introduce the activity or weather and check understanding of what clothing should be worn.
3. Show image of activity or weather and label clothing items.
4. What clothes do you have? Opportunity for learner to find their own clothes.

Resources- clothing items



Home Management

# Clothes for occasions

Building Understanding



# Lesson Activity Stages

1. Clothes we wear
2. Different occasions,  
different clothes
3. What clothes do you have?

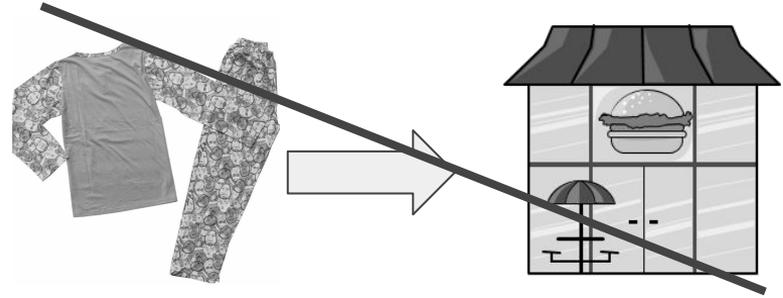
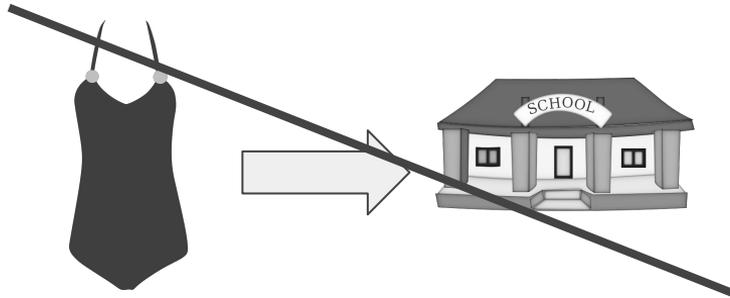


# What clothes to wear when?

We wear different clothing items when there is different weather and when we are doing different activities.

It's **not a good idea** to wear the same clothes everyday for all activities and types of weather.

You **cannot wear** your swimming suit to school and you **cannot wear** your pyjamas in a restaurant!



# Example week

Monday

Tuesday

Wednesday

Thursday

Friday

Raining

cycling

sunny

snowing

party



**On Monday it is raining! What clothes do I need to wear?**



# It's raining!

Discuss what you can see in the photo.

What is the weather like?

What clothes can you see that are appropriate for the rain?



**When it's raining you can wear...**

**wellington boots**

**umbrella**

**rain coat**



**On Tuesday I am going cycling! What clothes do I need to wear?**



# I'm going cycling!



# When I'm cycling

**trainers**

**sports clothes**

**helmet**



**On Wednesday it is sunny! What clothes do I need to wear?**



# It's sunny!

Discuss what you can see in the photo.

What is the weather like?

What clothes can you see that are appropriate for the sun or going to the beach?



# When it's hot

**shorts**

**sunglasses**

**flip-flops**

**cap**



**On Thursday it is snowing! What clothes do I need to wear?**



# It's snowing!

Discuss what you can see in the photo.

What is the weather like?

What clothes can you see that are appropriate for the snow or cold weather?



# When it's snowing

**hat**

**scarf**

**coat**



**On Friday I am going to a party! What clothes do I need to wear?**



# I'm going to a party!

Discuss what you can see in the photo.

What clothes can you see that are appropriate for going to a party?

What other clothes might you wear to a party. Would you wear something different?!



# When I'm going to a party

**shoes**

**sparkly trousers**



# What clothes do you wear to play sports?

Now it is your turn to look in your wardrobe/drawers and find some clothes that you wear for playing sports.



# What clothes do you wear to a party?

Now it is your turn to look in your wardrobe/drawers and find some clothes that you wear when you go to a party.



# What clothes do you wear when it's raining?

Now it is your turn to look in your wardrobe/drawers and find some clothes that you wear when it is raining.



# What clothes do you wear when it's hot?

Now it is your turn to look in your wardrobe/drawers and find some clothes that you wear when it is hot.



# What clothes do you wear when it's snowing?

Now it is your turn to look in your wardrobe/drawers and find some clothes that you wear when it is snowing or cold.



# Independent Living

## Home Management

Clothes for the occasion

### Make it easier

-Sort summer and winter clothes

### Make it harder

-Add other occasions-  
weddings, religious celebrations

### More ideas

-Explore clothes shops online to find your favourite clothes for each occasion



# Further Learning with Oak National

## Independent Living:

- Applying Learning- Preparing for a trip (Unit 3)
- Applying Learning- Organising clothes (Unit 1)
- Building Understanding- Organising clothes (Unit 1)
- Building Understanding- Clothes for occasions (Unit 1)

## Communication and Language:

- Building Understanding/ Applying Learning- Clothes and fashion (Unit 3)
- Building Understanding/Applying Learning- Seasons (Unit 4)



# References

Slide 7 - Swim suit, Needpix / School building, Open Clipart, Free SVG / Pyjamas, Mathilda Samuelsson, Flickr / Fast food restaurant clip art, Smart Servier, Wikimedia Commons

Slide 9- Rain, Pexels, Pixabay

Slide 12- Bike silhouette, Open Clipart Free SVG / Redwood National Park, 12019/10259, Pixabay

Slide 15- Summer, Stevebidmead- Pixabay

Slide 18- Snow scene, Free-Photos- Pixabay

Slide 21- Party, Ktphotography, Pixabay

