

Oak Specialist

Independent Living

Unit 1 - Home Management

Building Understanding



Unit 1- Home Management

Lesson 1- Cleaning in the home

Recognising common cleaning equipment and where to use it.

Lesson 3- Sorting in the kitchen

Recognising kitchen appliances and what we use them for.

Lesson 5- Clothes for occasions

Identifying different items of clothing dependent on the occasion or weather.

Lesson 2- Setting the table

Counting equipment needed and using a visual to set the table.

Lesson 4- Organising clothes

Sorting clothes by category and folding correctly.

Lesson 6- Using a washing machine

Following step by step instructions to use a washing machine.



Lesson 1 - Cleaning in the home



Teacher notes - Cleaning in the home

Learning Intention: To label cleaning items and equipment and match them to the correct cleaning job

1. Introduce each item. It is best to show the real item. Ask if learner can name them or match to a symbol grid showing common household objects.
2. What is each item used for?
3. Where can you use the items and equipment?

Resources needed: sponge, vacuum, washing liquid, washing spray, brush, mop and cloth



Safety notice

This lesson involves cleaning products which may be harmful to you or the learner if used incorrectly. Please follow the safety guidelines on the products and ensure adult supervision when handling these products.



Home Management

Cleaning in the home

Building Understanding

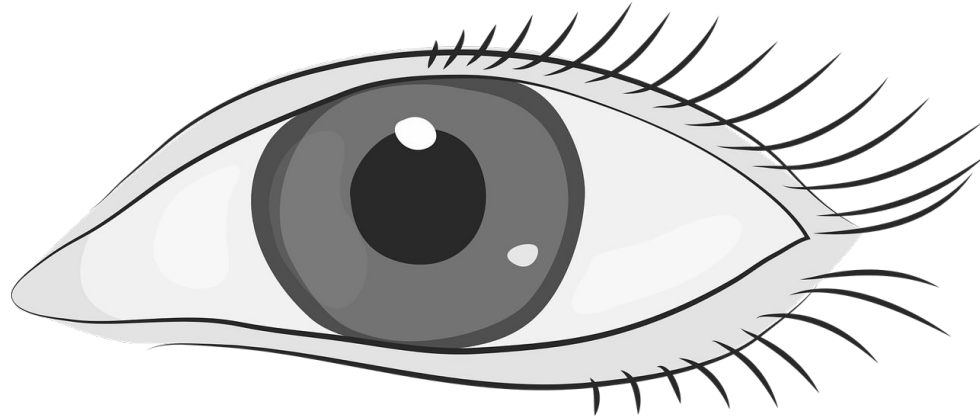


Lesson activity stages

1. Introduce cleaning items and products
2. What are they used for?
3. Where can we use them?
4. How do we use them?



What can you see?



Cleaning your home



With an adult, collect all the items shown in the grid above. Can you match the real item with the image in the grid?



What do you use these items for?

cleaning

sweeping

washing



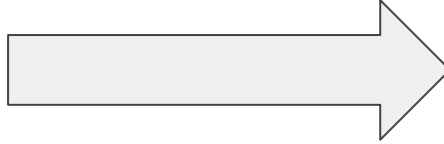
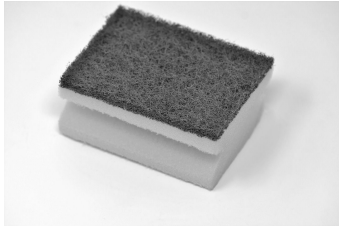
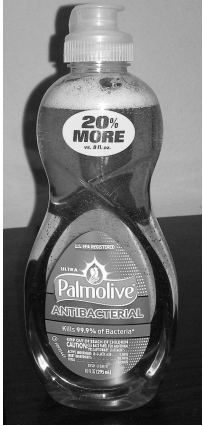
Where can you use these items?



Bathroom spray



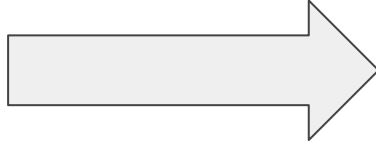
Washing up liquid and sponge



Wipes



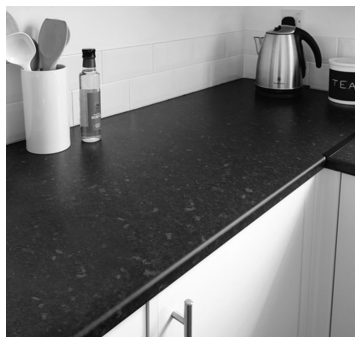
Mop and dustpan and brush



Where can you use the items?



sink



kitchen surface



floor



bathroom

With a parent/ carer use the real objects one at a time and discuss where each cleaning product or equipment can be used e.g “where can we use the mop?”. Can you match the cleaning product to the place in the house? If you are working in the home, visit each area and model how to use the products and equipment in its real context.



Independent Living: Home Management

Cleaning in the home

Make it easier

Gather the items and cleaning products together in a pile. Ask your learner to put them away in the correct place. Use familiar products such as washing up liquid.

Make it harder

Write the labels of each item or cleaning product. Can your learner match the item or product to the correct label?

More ideas

Visit the cleaning product aisle in the supermarket and model how to find out information from the cleaning product label e.g. looking at the image on the front.

Discuss the dangers of some cleaning products e.g. bleach.



Further Learning with Oak National

Independent Living:

- Applying Learning- Using cleaning products (Unit 1)
- Applying Learning- Hygiene at home (Unit 1)



References

Slide 9- Cleaning spray, Pxhere / Sponge, Pixabay/ Palmolive antibacterial dish liquid, NeoBatfreak, Wikimedia Commons/ Disinfectant wipes, Pixabay/ Mop, AwOc, Wikimedia Commons / Blue broom and dustpan, Santeri Viinamäki, Wikimedia Commons

Slide 12- Luxury bathroom. Pixabay

Slide 13- Basin sink kitchen, Pixabay

Slide 14- Kitchen worktop, Pixabay

Slide 15- Chairs floor furniture, Pixabay

