

## **Activity Card**

### Target Sports & Games

Show your agility and balance in a game of dodgeball.



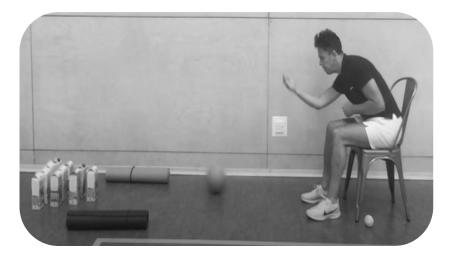
Practice aiming for targets by playing golf or foot-golf. Explore different ways to propel an object towards a target.

# Refine your skills thinking about the direction and power of shots.

Begin to display balance and more coordinated movements.

Use problem solving skills and tactics in games such as dodgeball.





### Set up a game of skittles using juice cartons and a soft ball.



### Aim for a range of different targets with pairs of socks.

