

Communication and Language: Changes and Transition - Building Understanding

Making a personal picture book

Alison

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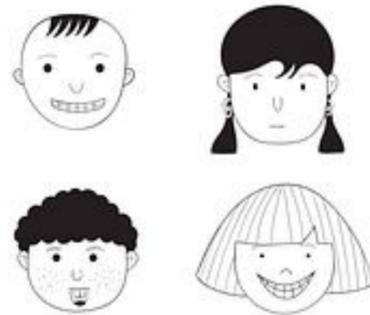
Equipment for this lesson

In this lesson you will need:

Card



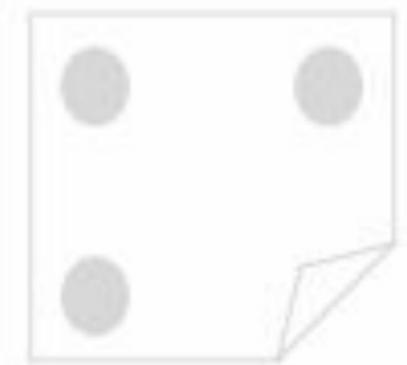
**Expression symbols
or pictures**



**Pictures of yourself
and family**



Blu tack



Choosing your pictures

Look at pictures of your child together. Talk about the pictures.

Ask your child to find themselves in each of the pictures.

Keep the language simple when doing this - 'find [name]'.

You can use symbols to reinforce the language.



Time to complete your task

Finding pictures

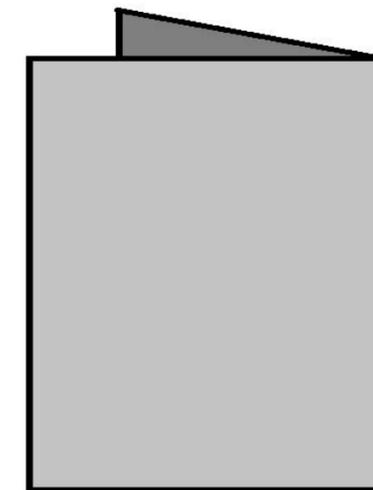
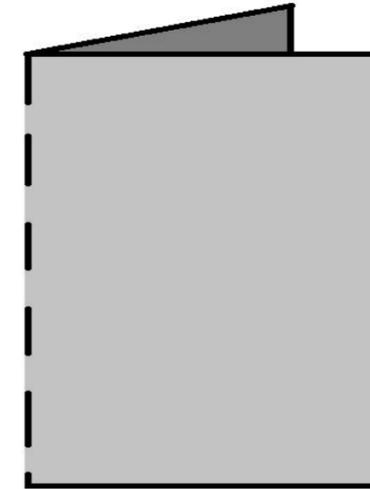
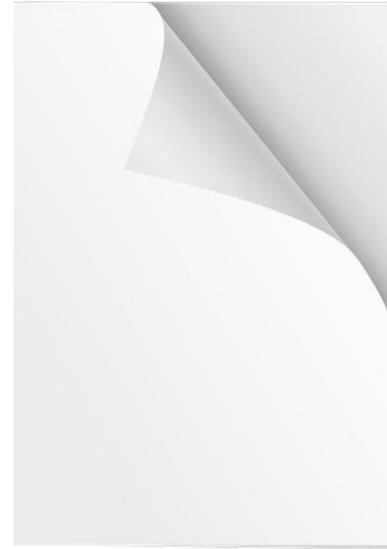
Look at lots of family photos with your child. Can your child find all the photos of themselves?



Making your book

1. Fold a large piece of paper in half
2. Press the fold

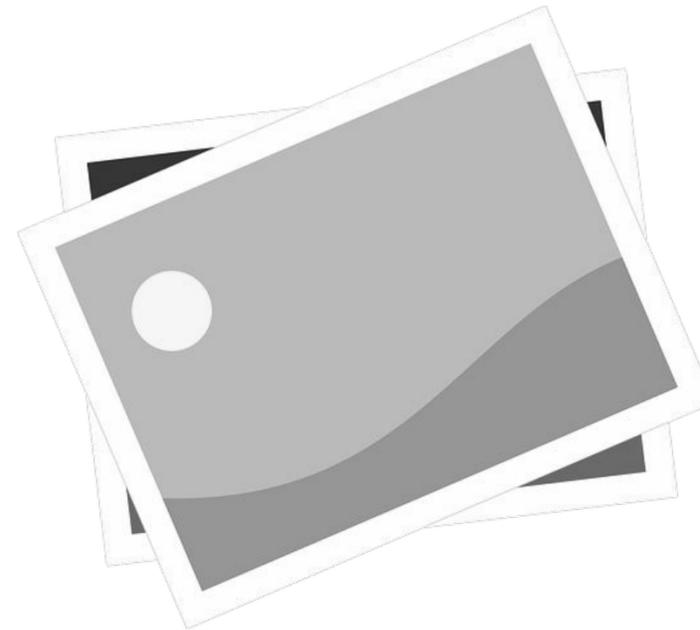
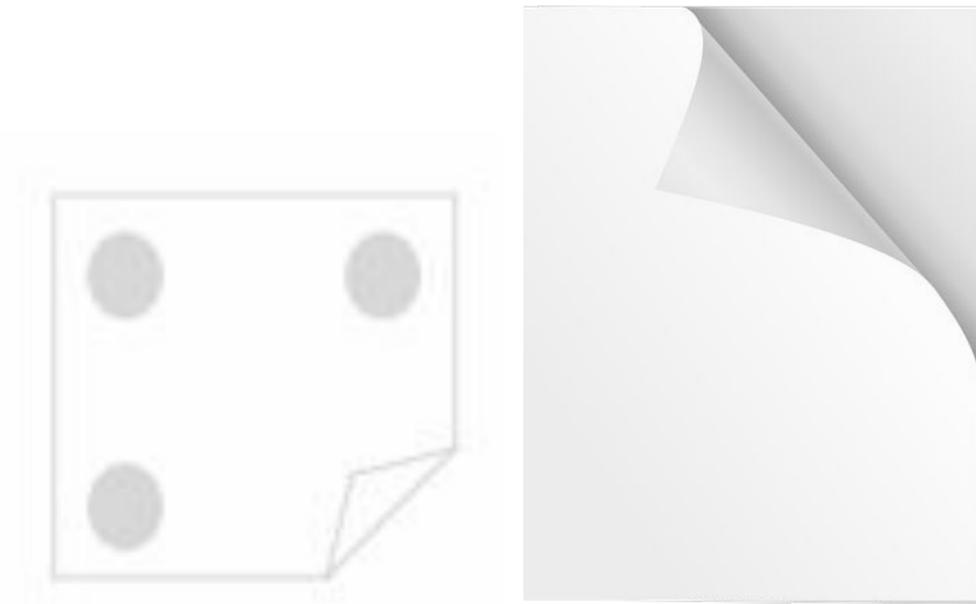
Note: when giving instructions, keep the language simple and use signs or symbols to reinforce the instruction.



Stick pictures in book

To make the book interactive, we will use blu tack to stick the pictures into the book

Let your child decide where to stick each of the pictures



Time to complete your task

Making the book

**Help your child to fold some paper in half to create a simple book.
Use blu tack to stick your chosen pictures in the book.**



Look at feelings symbols

When talking about the pictures, use the language 'happy' and 'sad'.

Use symbols to reinforce the language.

Try looking in a mirror, making happy and sad faces.



Time to complete your task

Know your feelings

**Talk about being happy and sad.
Demonstrate happy and sad faces.
Ask your child to make a sad or
happy face.
Look at the symbols and ask your
child to identify 'happy'.
Repeat this as many times as you
need to.**



Identify feelings in pictures

Look together at each picture in the book

Reinforce the language from before -
find [name]

Then identify the feeling

[Name] happy or [name] sad

Find the matching symbol and stick
next to the photo.



Time to complete your task

Adding labels

Cut out the symbols or draw happy and sad faces on paper.

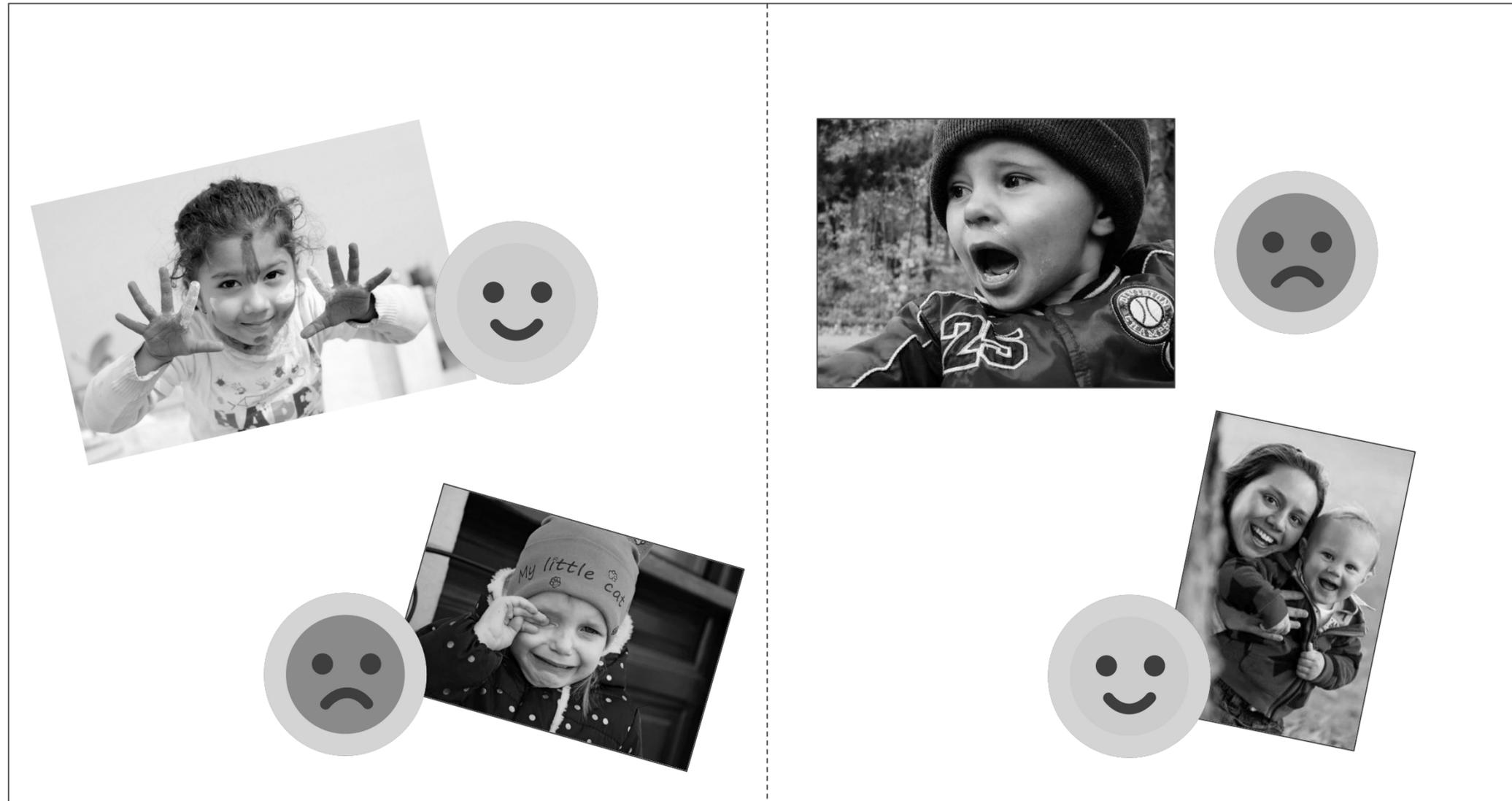
Ask your child to find the right symbol to describe how they feel in each picture.

Stick these into your book.



My Picture book

Your book will look a bit like this.



Using the book

By having removable pictures, you and your child can update the pictures each time you look at the book.

You can introduce new feelings when your child is ready to do so. These could include:





Make it easier

Introduce only one emotion symbol whilst your child is learning them.

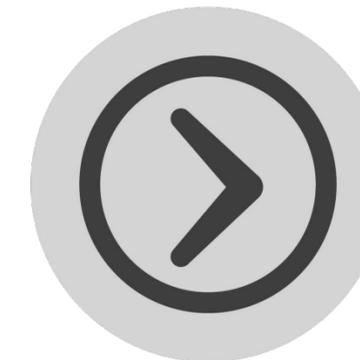
Use physical and verbal prompts to help your child.



Make it harder

Increase the number of emotions symbols used.

If there is more than one person in the picture, try adding the emotions for each person in the picture.



More ideas

Change the emotion book each week, keeping a copy of what you have done together.

Create a emotions chart for the wall so your child can identify each day how they are feeling.

