

Physical Education (PE) - Outdoor and adventurous activity: following instructions and problem solving skills

Memory tray

Mrs Repton



Outdoor and Adventurous Activity: Lesson 2

Tasks

1) Memory tray - Kim's game

- Put a selection of objects (between 10-15) on a tray.
- Give yourself 30 seconds to look at the tray, then cover the tray with a tea towel.
- Ask a member of your household to take an object away.
- Remove the tea towel and try to identify which item is missing.

2) Turn the towel

- Stand on an old tea towel (or similar) and, without touching the floor, can you stand on the other side of the tea towel?
- Can you reduce the surface area of the tea towel and repeat the task?
- What is the smallest area you can make the tea towel and be stood on it, without touching the floor?



Learning questions:

Task 1:

- How effective were your observation and recall skills?
- What strategies did you use to help you remember the items?
- If you were to repeat the activity, what would you do differently?

Task 2:

- What was the hardest aspect of this challenge?
- How did you overcome that challenge?
- Did you have to adapt your approach as the tea towel reduced in size?

