Speech and Language Therapy

All About Me

Lesson 2 of 14 on Emotional Regulation and Self Esteem

Emma Jones



Communication Profile - Front Cover

Put picture here	
Name	
Explain what this is!	

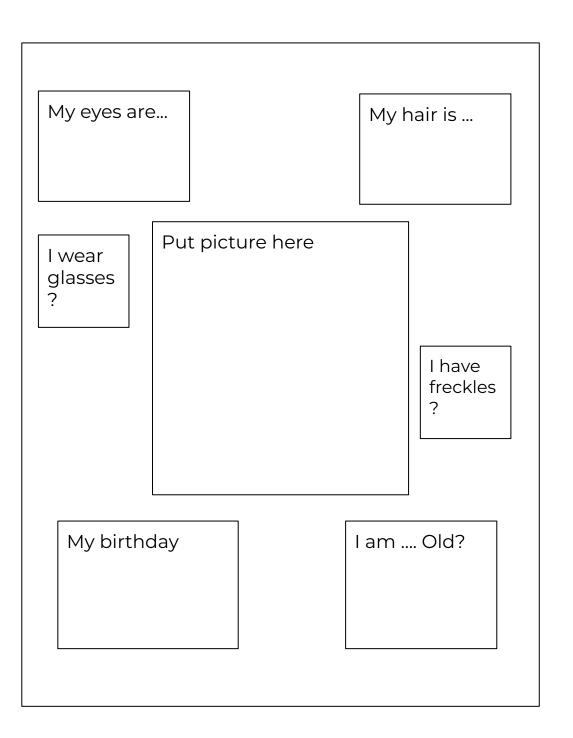


All About me!

What you see - My hair colour, eye colour...?

My birthday

My age





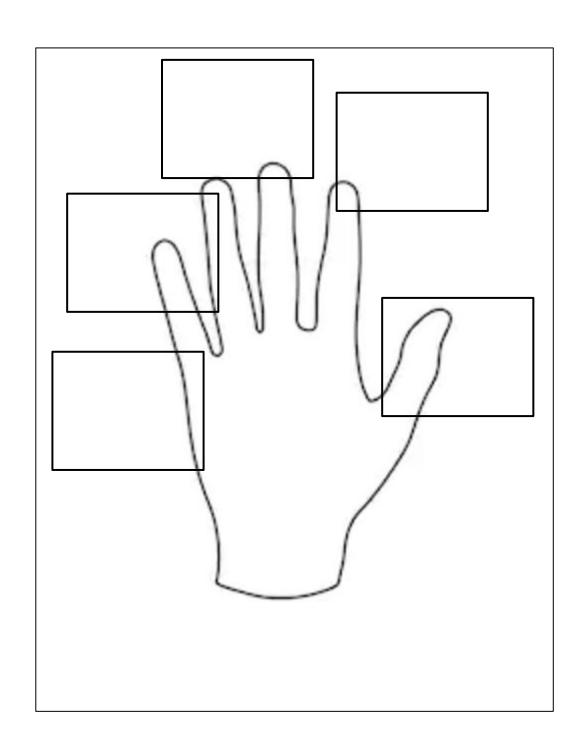
All About me! - Give me 5!

Draw around your hand.

Write out the top 5 things a new person would need to know about you on each of your fingers.

E.g. How do you move around?

Do you have any allergies?





References

• Slide 4- Shutterstock image 2020

