

Speech and Language Therapy

**Friends**

**Lesson number 13 of 14 on Interaction and Communication**

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# Activity 1 - Circle of Friends

5

4

3

2

1

Me

- Circle 1 -**  
Family who is closest to you
- Circle 2 -**  
Close/Best friends
- Circle 3 -**  
Wider friends (e.g. scouts, people in your class)
- Circle 4 -**  
Community helpers
- Circle 5 -**  
Acquaintances



# What makes a good friend?

My thoughts and Ideas note page:



# Recipe for a good friend

Example:

200g of kindness

200g of trust

1 spoonful of listening,

$\frac{1}{2}$  teaspoon of honesty

400g of fun

My Recipe:



# Biscuit Buddies

## You will need:

200g unsalted butter, softened  
(Kindness)

200g golden caster sugar (trust)

1 large egg (listening)

½ tsp vanilla extract (honesty)

400g plain flour, plus extra for dusting  
(fun)

## What to do:

Heat oven to 200C/180C fan/gas 6.

Put the butter in a bowl and beat it using an electric whisk until soft and creamy.

Beat in the sugar, then the egg and vanilla, and finally the flour to make a dough.

If the dough feels a bit sticky, add a little more flour and knead it in.

Cut the dough into six pieces and roll out one at a time on a floured surface.

Use a cutter or draw a biscuit buddy outline with a knife and put on a baking sheet.

Re-roll any off-cuts and repeat.

Bake for 7-10 mins or until the edges are just brown.

Leave to cool completely.

Decorate with icing and enjoy!



# Qualities of a good friend - Dictionary

<p><b>Kind</b> What does this mean?</p> <p>Examples</p>	<p><b>Listens to you</b> What does this mean?</p> <p>Examples</p>	<p><b>Honest</b> What does this mean?</p> <p>Examples</p>
<p><b>Trustworthy</b> What does this mean?</p> <p>Examples</p>	<p><b>Patient</b> What does this mean?</p> <p>Examples</p>	<p><b>Forgiveness</b> What does this mean?</p> <p>Examples</p>



# Qualities of a good friend - Dictionary

<p><b>Encouraging</b></p> <p>What does this mean?</p>  <p>Examples</p>	<p><b>Respectful</b></p> <p>What does this mean?</p>  <p>Examples</p>	<p><b>Loyal</b></p> <p>What does this mean?</p>  <p>Examples</p>
<p><b>Fun</b></p> <p>What does this mean?</p>  <p>Examples</p>	<p><b>Understanding</b></p> <p>What does this mean?</p>  <p>Examples</p>	<p><b>Sharing</b></p> <p>What does this mean?</p>  <p>Examples</p>



# Finding out about friends

Character/Person	Who is their friend?	Why do I think they are friends?





# Friendship Profile

We are friends because....

My friend likes....

Picture of my friend and their name

My friend doesn't like....

They are a good friend because they are ....



# Comic Strip Conversations - Carol Gray

Comic Strip Conversations use visual representations of social situations and interactions. By drawing social situations we make them visual.

This helps some of the more abstract aspects of social communication (such as recognising the thoughts and feelings of others) and social rules (which are often hidden or unspoken) to become more 'concrete' and therefore easier to understand.

We draw as we talk to help build understanding.

Comic Strip Conversations are a very useful tool in developing a pupils understanding of breakdowns in social relationships and social situations so that reparation can be facilitated.



# Comic Strip Conversations - Carol Gray

Ask your child to draw out the situation. Use wh questions to support and talk through what happened (avoiding judgment or assumptions).

- Where did it happen? Where were you?
- Who else was there?
- What were you doing?
- What happened? What did others do?
- What did you say? What did others say?
- What did you think when they said that/did that?

Thought are represented by thought bubbles.

Carol Grey uses this colour coded system to represent feelings (next page).

You can use a system your child is used to.

Green:	good ideas, happy, friendly
Red:	bad ideas, teasing, anger, unfriendly
Blue:	sad, uncomfortable
Brown:	comfortable, cosy
Purple:	proud
Yellow:	frightened
Black:	facts, things we know
Orange:	questions
Combinations of colours:	confused



# Friendship Diary

Date:

We learnt about

When my talking partner

I...

Insert picture

