Speech and Language Therapy

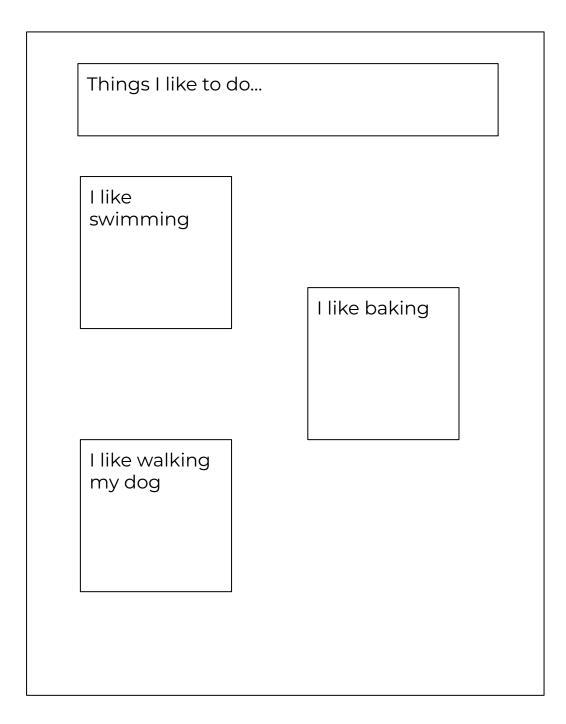
Things I Like to Do

Lesson 7 of 14 on Emotional Regulation and Self Esteem

Emma Jones



Things I like to do ...





Places I like to go

Favourite activities

e.g. watching trains, or playing on my Nintendo DS

Things I am good at

e.g. Diving off the top diving board at the swimming pool



Places I like to go

Favourite places to visit

e.g. Grandma's house or the train station

Places that help me relax and feel happy

e.g. My den in my bedroom

