

Physical Education (PE) – Outdoor and adventurous activity: planning and making a journey

Movement scavenger hunt

Ian Roberts



Movement scavenger hunt

Can you find something...



- to climb?
- to play catch with?
- to crawl under?
- to roll across the ground?
- that is heavy?
- that is rough?
- that is soft?
- that is hard?
- that rattles?
- that is smooth?
- that is loud?
- that is squishy?
- to jump over?
- to walk across?
- to balance on your head?

