Independent Living Unit 6- Staying Safe



Unit 6- Staying Safe

Lesson 1 - Online Safety

How can we stay safe online? What information should we share online?

Lesson 3 - Community safety

Who do we interact with during our day, and what do we share with them?

Lesson 5 - Safety on transport

Planning for safe travel on public transport.

Lesson 2 - Safety in the home

What hazards are there at home? How can we minimise those hazards?

Lesson 4 - Road safety

How can we make sure we are safe on the road? What precautions can we take?

Lesson 6 - Safe relationships

Staying safe in close and intimate relationships.



Lesson 3 - Community safety



Unit 6 lessons contain safety messages and discussions around potentially sensitive topics. Please ensure all lessons are delivered by a parent/carer or teacher.



Teacher notes-Lesson 3

- -Learning Intention: To know who we can talk to in our community and what is appropriate to say to who.
- Make a list of all the people you come across in your day that you might talk to.
- 2. Create three headings to categorise these people- 'see', 'talk', 'share'.
- 3. Discuss each person on the list and decide who they just see, who they talk to, and who they can share things with in their community.
- 4. Think of examples of appropriate things that they could say to each person, e.g. saying thank you to the bus driver, asking the shop assistant how much the bread costs and sharing how they are feeling with their parent or teacher.

You will need: Pen or pencil, four sheets of paper.



Staying Safe

Community safety



Lesson Activity Stages

 How many different people do you see in a day?

• '>See >Talk >Share' Lists

Appropriate interactions



How many different people do you see in a day?







The people we...

See







The people we...

Talk to









The people we...

Share things with









Share Lists

Read out your lists with an adult or friend



Appropriate interactions

What to say to who?



Example

Dog walker (See)

"Hello"





Example

Shop assistant (Talk)

"Can you show me where the eggs are

please?"





Example

Mum (Share)

"I feel sad because my fish died"



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Make it easier

 How many people can you think of under each heading?

>See >talk >share

Make it harder

 Comic strip conversation between those on your lists and yourself e.g. 'They say' 'I say'

More ideas

- If you talk a lot think about minimising your conversation with less familiar people.
- If you talk less in public set yourself a challenge of asking for help in a shop.



Further Learning with Oak National

Independent Living:

Applying Learning- Safe relationships (Unit 6)



References

Slide 8- Royal Mail postman2, Kenneth Allen, Wikimedia Commons / Somerfield, Dave Hitchborne, Wikimedia Commons / Black Cartoon Guy Using His Laptop, Wikimedia Commons

Slide 9- Dog walker, iirliinaa at Pixabay; Big Bang- Theory, Tookapic at Pexels

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