

Geography - Seven Continents

What is Africa like?

Miss Harris



Seven Continents 100% Sheet

This is your 100% sheet for our unit, the Seven Continents.

You can print this if you wish.

- Hang it somewhere in your house where you will see it everyday (examples include; a fridge, wall or back of your door)
- Practise learning the key facts, it will help you in future lessons
- Use it to make flash cards
- See if you can learn all of the facts quicker than your parent or carer!



Continent	A very large area of land, usually surrounded by the sea, and containing different countries.
North America	<ul style="list-style-type: none"> • Third largest continent • Contains the United States of America, but also Canada, Greenland, Mexico, Greenland and 18 other countries. • Most people speak English, Spanish or French.
South America	<ul style="list-style-type: none"> • Fourth largest continent. • Contains the largest river, highest waterfall, and the longest mountain range • Contains the worlds largest rainforest (the Amazon rainforest).
Europe	<ul style="list-style-type: none"> • Second smallest continent • Humans first travelled to Europe about 35,000 years ago. • European countries conquered much of the world. • The United Kingdom is in the continent of Europe.
Africa	<ul style="list-style-type: none"> • Second largest continent • Has the most countries (54) • The oldest human fossils and skeletons have been found in Africa.
Asia	<ul style="list-style-type: none"> • The largest continent. • It contains the most people (biggest population). • Also includes lots of mega-cities (E.g. Tokyo in Japan, Beijing in China, Delhi in India).
Australia	<ul style="list-style-type: none"> • Smallest continent • Sometimes called Australasia or Oceania. • Contains Australia, New Zealand, and many islands.
Antarctica	<ul style="list-style-type: none"> • Third smallest continent. • Extremely cold, covered in ice. • Doubles in size in winter when the seas freeze. • Contains 90% of the world's ice. • No humans live in Antarctica permanently.



Continent	Area (km ²)	Population (approximately)
Africa	30 million	1.2 billion
Antarctica	14 million	5,000 (temporary)
Asia	44 million	4.5 billion
Europe	10 million	740 million
North America	24 million	590 million
Australia	8.6 million	40 million
South America	18 million	430 million