

RSHE (PSHE) - Respectful relationships: Respect and friendship

## Positive and healthy friendships

*This lesson covers respectful relationships. If this is a sensitive topic to you, we recommend checking with a trusted adult before starting, or doing the lesson with a trusted adult nearby.*

Mrs Smith



	Healthy	Unhealthy
Spending time together	Strengthens relationship bonds	Too much time may reduce contact with others. Possibly become a controlling relationship.
Knowing each other's family and friends		
Having lots in common		
Being open and honest		
Common sense of humour		
Having a good time		

