Oak Specialist

Independent Living
Unit 6 - Staying Safe

Applying Learning

Unit 6 - Staying Safe

Lesson 1 - Online safety

How can we stay safe online? What information should we share online?

Lesson 2 - Safety in the home

What hazards are there at home? How can we minimise those hazards?

Lesson 3 - Community safety

Who do we interact with during our day, and what do we share with them?

Lesson 4 - Road safety

How can we make sure we are safe on the road? What precautions can we take?

Lesson 5 - Safety on transport

Planning for safe travel on public transport.

Lesson 6 - Safe relationships

Staying safe in close and intimate relationships.

Lesson 1 - Online safety

Due to the subject of social media being discussed, this lesson is appropriate for learners above the age of 13.

Safety measures for teachers / parents / carers

Unit 6 lessons contain safety messages and discussions around potentially sensitive topics. Please ensure all lessons are delivered by a parent / carer or teacher.

Teacher notes - Lesson 1

Learning Intention: To understand what information I should and should not share online and when I should ask for support.

1. Encourage learners to discuss what platforms they use online, e.g. emails, social media, online gaming. Write each on a piece of paper.
2. Discuss what information they talk about using each platform, and whether that information is private or public. Have them write what information should and should not be shared on each platform, under the heading.
3. Learners should be told when they may need support if they encounter online bullying, receive emails from strangers or anything that worries them.

You will need: A pen and paper.

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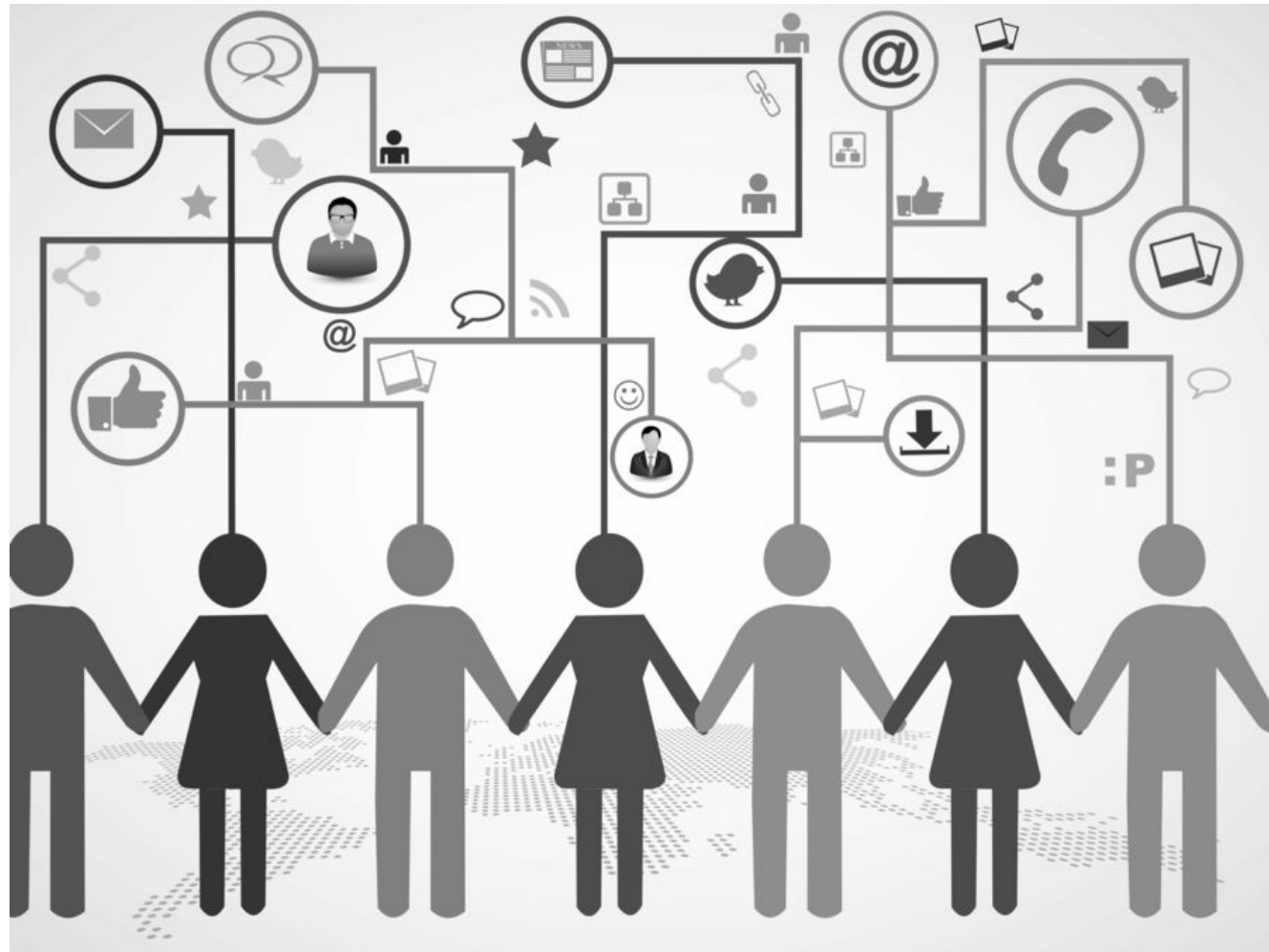
Online safety

Applying Learning

Lesson Activity Stages

- What do you use online?

- Information sharing - private / public

- When to get support?

What do you use online?

What do you use online?
Write at the top of each page

Platform one

Platform two

Platform three

Make a list:
What do you talk about where?

Platform one	**Platform two**	**Platform three**

Where is it safe to share private and public information?

Platform one	Platform two	Platform three

Public or Private?
What can I share?

Name
Birthday
Favourite sports team
Address
A video of me dancing

A photo of my dinner
My school / college name
My phone number
A photo of my family
My password

Being safe online and when to get support

Online bullying

Feeling worried

Talk to a trusted friend

Do's and Don'ts for online safety

Don't share your personal information.

Don't talk to strangers.

Don't …………………….

Don't …………………….

Do ask for help if you feel worried.

Do …………………

Do …………………

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Make it easier	Make it harder	More ideas
- Parent / carer can write the lists with their learners. - Parent / carer can make their own list first as an example.	Learners can think about what they could say to help their friends if they were worried by anything online and needed support.	Make an internet safety poster to put up by the computer.

Further Learning with Oak National

Independent Living:

- Applying Learning - Community safety (Unit 6)

References

Slide 8: Education Background in Communication, Kiss Clipart; Email Marketing, compendium Pixabay; Boy at computer, Tele info today.