

Speech and Language Therapy

Listening to Sounds

Lesson 7 of 14 on Attention and Listening

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Suggested Activities

Listening and moving to music - Have a selection of music e.g, quiet, slow, loud and fast.

Model moving to the music to the appropriate speed/volume (loud music could be big marches Vs quiet tip toes).

Encourage your child to join in and respond to changes in the music too.

Musical statues – play music and let the child walk around/dance.

When the music stops they need to be still.

Join in with the game and take turns controlling the music.

Use gestures to reinforce 'Stop' and 'Go'.

Musical Instruments - Use or make musical instruments out of everyday objects.

Show the child how to follow stop or go instructions.

Start playing the instrument all together and listen for 'Stop' and 'Go'.

Take turns being in charge when to stop and when to go.

Copy each other's simple rhythm.

Hide and seek the sound games – hide a clock or something that makes a continuous sound. Hunt for it together.

Take it in turns to hide the object.



Recording and Reflecting on Listening Activities

Use this sheet to record and reflect on your child’s attention and listening.

Date	Activity	Comments

In one sentence, what have you noticed this week?

When I.....,
my child.....



Listening Diary

Date:

We learnt about

When my adult

I...

Insert picture

