Speech and Language Therapy

# Listening to Information

## Lesson 11 of 14 on Attention and Listening



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## Listening

Attention and listening are two of the building blocks for language development.

Most information we learn is from what we hear.

In lesson 9 we focused on teaching and understanding the parts of the body used for listening. Please refer back to lesson 9 at any point to refresh your memory of 'Good Listening' or to make a new 'Good Listening Poster' to help with listening at home.

Lesson 11 is consolidating the work completed in Lesson 9 on 'Good Listening'. The information and resources in this pack are focusing on the importance of 5 – 10 minutes focused listening activities everyday. These activities will not only promote listening and attention, but also support the wider development of language and communication.



## **Activities for Listening**

### Simon Says!

Simon Says is a great way to practise listening skills.

Give simple instructions like... "Simon says.... Touch your ears". This can also really help to reinforce the words of the parts of the body used for listening if this needs development.

Make the game trickier by playing with the Simon says rule (e.g. Listening for "touch your toes" Vs "Simon Says touch your toes").

Try adding sequences (e.g. "Simon says clap your hands and turn around").

Don't forget to take turns being in charge of what Simon Says!

#### **Run and Touch!**

This is best played outside.

Identify 4 or 5 different things outside e.g. a tree, climbing frame, chair and shed.

When you say go everyone has to run and touch the thing you name.

Take turns saying 'Run and touch the... ..'



## **Activities for Listening**

#### **Skittles**

Clear some space. This might be better played outside.

- 1. Attach some pictures of everyday objects, animals or people to your cans.
- 2. Start with 3 or 4 cans, but maybe you could work up to more!
- 3. Take it turns to pick 1 picture that the other person has to try and bowl down that skittle.
  You could start by just naming the pictures to aim for.
  - To practise more listening you could describe the picture

(for example it has 4 legs, and it wears a collar)

4. Don't forget to use your **good listening poster**!

#### I spy

I spy requires looks and listening so is a great game for this kind of development.

Give a clue rather than the starting sound. e.g. it has a trunk and leaves.



### Recording and Reflecting on Listening Activities

Use this sheet to record and reflect on your child's attention and listening.

Date	Activity	Comments

In one sente	ence, what have you no	oticed
this week?		
When I	••••••	
		_



## **Listening Diary**

Date:	
We learnt about	
When my adult	

Insert picture

