

Where does our food come from?

Design and technology - Cooking and nutrition:
celebrating culture and seasonality

Mrs Mee



Seasonality of foods

Task

Explore a **range of foods** and **research** what time of the year you are most likely to be able to access?

Food	Spring	Summer	Autumn	Winter



Seasonality of foods - food source

Have you ever wondered why you can still purchase certain foods all year round although they are not in season?

Task

Let's **investigate** where our **food** has **come from**, look at a range of **food packages** and see if you can identify what **country** your food originated from



Investigate - Where does our food come from?

Final task

Take a picture of your **breakfast, lunch** or **dinner** and annotate to identify the following:

Where has your food come from? Has it been grown, reared or caught?

How has your food been processed?

Seasonality - can you identify which foods are in season or not?



Credit:Pixabay

