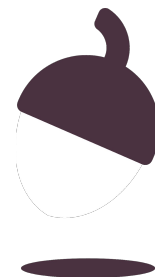


French

Healthy vs unhealthy lifestyles [2 / 2]

- Using pouvoir

Madame Williams



OAK
NATIONAL
ACADEMY



[eu]

2

deux





un peu

[a little]

[eu]

jeu



lieux

[place]



la santé	health
être en forme	to be in shape (physically)
éviter	to avoid
sainement	healthily
fumer	to smoke
être sain	to be healthy
un régime équilibré	a balanced diet
se droguer	to take drugs
grossir	to put on weight
perdre du poids	to lose weight



health n. = la santé

healthy adj. = sain

healthily adverb. = sainement



5
4
3
2
1



Health, healthy, healthily

Je suis en bonne santé

I am in good health

Je mange sainement

I eat healthily

Je suis sain(e)

I am healthy

Je ne mange pas
sainement

I do not eat healthily



5
4
3
2
1



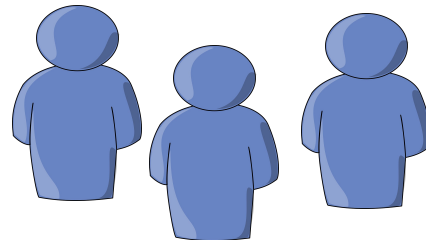
Devoir - to have to / must (irregular verb)

Je dois = I must, have to



To refer to me

On doit = You must, have to



To refer to people in general

Use **devoir** with an infinitive to say what someone must do



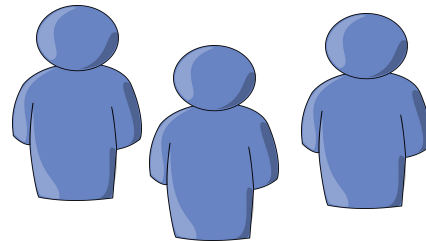
Pouvoir - to be able to / can (irregular verb)

Je pex = I can



To refer to me

On pet = You can



To refer to people in general

Use **pouvoir** with an infinitive to say what someone can do





Summarising learning

Health

santé
noun.

Je suis en bonne santé = I am in good health

bon pour la santé = good for your health

mauvais pour la santé = bad for your health





Summarising learning

Healthy

sain
adj.

Je suis sain = I am healthy

Je suis sain**e** = I am healthy

malsain(e) = unhealthy





Summarising learning

sainement
adverb.

Healthily

Je mange sainement = I eat healthily
Je ne mange pas sainement = I do not eat healthily.





Summarising learning

pouvoir
verb.

Infinitive. To be able / can

Je peux**x** = I can

On peut**t** = You can (a general group)

Je peux**x** / on peut**t** is followed by the infinitive which ends in **er / ir / re**

