

Oak Specialist

# **Independent Living Daily Living Skills Lesson 3 - Recycling**

Building Understanding



# Unit 3- Daily Living Skills

## Lesson 1- Creating a visual schedule

How to make and follow a visual schedule for daily activities.

## Lesson 3- Recycling

Sorting recycling items into different categories.

## Lesson 5- Following a simple recipe

Following simple steps to make a cheese sandwich.

## Lesson 2- Getting dressed

Breaking down the steps of the sequence and creating opportunities for independence.

## Lesson 4- Using equipment in the kitchen

Labelling kitchen equipment and learning what food to use them with.

## Lesson 6- Daily meals

Choosing food items and matching them to a meal time.



# Teacher notes- Recycling

-Learning Intention- To sort items for recycling

1. What is recycling? Why is it important?
2. How can we sort items for recycling? What are the common materials?
3. Recycling sorting game- sorting real items into different bins or boxes.
4. What else can we recycle? Can you reuse your items?

Resources: recyclable items e.g. magazine, pizza box, drinks can, milk bottle and recycling boxes or bins.



# Lesson Activity Stages

1. What is recycling?
2. Materials we can recycle
3. Sorting items to recycle
4. Other ways to recycle

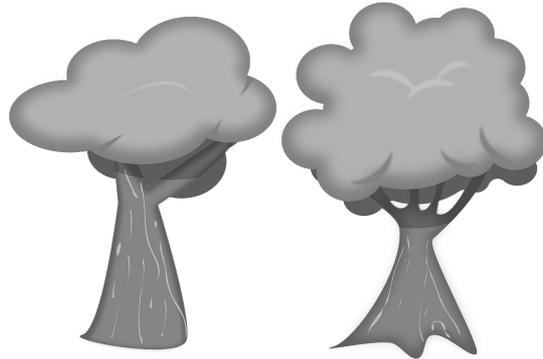


# What is recycling?

Recycling means converting waste materials into new materials and objects.



Recycling is important for the environment and our planet.



# Recycling bins

You may have seen recycling bins in your house, school or community.



# Recycling materials

It is important to sort our waste to recycle. Can you name these materials?



**glass**



**cardboard**



**cans**



**plastic**



# Items to recycle

These are some household items that we can recycle. What can you see?

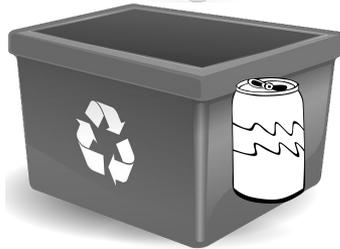


# Sorting the recycling

Can you sort the items into the correct recycling bin?



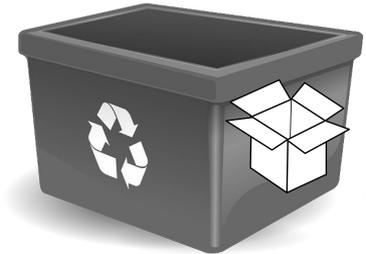
**glass**



**cans**



**plastic**



**cardboard**



# Slides

Great recycling!



**glass**



**cans**



**plastic**



**cardboard**



# Re-use

To help the environment and our planet, we can also **re-use** our items. We can take our old toys and clothes to **charity shops** for others to buy and use. Do you recognise any of these shops?



# Activity

Collect items in your home and sort them into the correct boxes for recycling.



Look at your books, toys and clothes. If you have finished with them, choose a **charity shop** to take them to instead of throwing them in the bin.



# Independent Living

## Daily Living Skills

Recycling: Suggest adaptations for teachers/parents/carers.

### Make it easier

With a parent/carer watch videos online or television programmes related to the environment and sorting materials.

Just use two bins to sort with.

### Make it harder

Research other materials that you can recycle. What is a landfill site?

Research alternatives to buying plastic.

### More ideas

What can you make with your items for recycling? Search online with parent/carer for recycled art projects.

Visit your local recycling centre to see what other waste we can dispose of safely.



# Further Learning with Oak National

Independent Living:

- Applying Learning- Recycling (Unit 3)

Communication and Language

- Building Understanding/Applying Learning- Our World (Unit 5)

Numeracy:

- Building Understanding/ Applying Learning- Shape and sorting (Unit 2)



# References

Slide 8- Northern\_Punkie, Pixabay / Recycling bins, Albert Bridge, Geograph / Colour-coded recycling bins, GeographBot, Wikimedia Commons

Slide 9- Glass Bottle, Pxfuel / Empty cardboard boxes, Publicdomainpictures / Recycling, Pikist / Bottles and cans, NBC New York

Slide 10- Glass Jar, Devonath, Pixabay / Coke Can, Byrev, Pixabay / Toilet Roll, Shutterbug75, Pixabay / Plastic Milk Bottle, Pikist / Newspaper, Pikist / Envelope, Pxhere / Empty tin can, Sun Ladder, Wikimedia Commons

Slide 11- Recycling Box, OpenClipart-Vectors, Pixabay / Plastic Bottle, Clker-Free-Vector-Images, Pixabay / Cardboard Box, OpenClipart-Vectors, Pixabay, Cans, Clker-Free-Vector-Images, Pixabay / Recycling box, OpenClipart-Vectors, Pixabay

Slide 13- Cancer Research charity shop, Roger A Smith, Geograph / Mind charity shop, Philafrenzy, Wikimedia Commons / Oxfam Charity Shop, Roger A Smith, Geograph

Slide 14- Toy ambulance, Pxfuel / Books on a shelf, Video Girl , Publicdomainpictures / Clothes, istock, Pixnio

