

Oak Specialist

# Independent Living

## Unit 4 - Community Living

Applying Learning



# Unit 4- Community Living

## Lesson 1- Knowing which shop to buy from

Identifying a range of high street shops and knowing what they sell.

## Lesson 3- Best Value

Comparing same items from different shop including price, quality and quantity.

## Lesson 5- People who help us

Identifying emergency services and their roles.

## Lesson 2- Putting shopping away

Knowing where to store food in the kitchen.

## Lesson 4- Health support in the community

Who can support us with health and where to find help in the community.

## Lesson 5- Travel in the community/planning a journey

Following steps to plan a journey and choosing the correct mode of transport.



# Lesson 1 - Knowing which shop to buy from



# Teacher notes - Lesson 1

## Knowing which shop to buy from

Learning Intention: To use information and experience to explore where to buy different items from on the high street.

1. Identify different shops from their logos/signs
2. Match the items to the correct shop
3. Tips on how to know what a shop sells
4. Complete a shopping list and where to buy the items from
5. Celebrate work completed

Additional resources: paper and pen, visual support, photo of high street shops.



Independent Living

# Knowing which shop to buy from

Applying Learning



# Lesson Activity Stages:

1. High street signs and logos
2. Matching activity
3. How to know what a shop sells
4. Create your own shopping list



# Do you know these different shop signs and logos?

## What do they sell?

Clothes?

		
		Sainsbury's
		John Lewis
		

Toiletries?

Food?

Cleaning items?



# Which shop can you buy these items from?





# How do you know what a shop sells?

- Ask a parent or carer to help you research online
- Ask a parent or carer to take you to look inside the entrance of the shop or through the shop window
- Ask a parent or carer to help you look for adverts on TV or in the newspaper



# Research online: Task

Ask a parent or Carer to help you answer the following:

1. Where can I buy some new garden furniture?
2. Where can I buy a hairdryer?
3. Where can I buy a birthday cake?



## **Look inside the entrance of the shop or through the shop window**

### Task:

1. Next time you pass a shop, ask a parent or carer to help you take a photo of the items they are advertising
2. When you get home, write a list of the items you have seen and find another shop that sells the same items (asking your parent or carer for help using the internet if needed)



# Look for adverts on TV or in the newspaper

## Task:

1. With a parent or carer's permission, turn the television on and ask your parent or carer to help you find an appropriate channel. When an advert comes on, write down what item is being advertised and think about or ask a parent or carer to help you research which shop you could buy it from.
2. Ask your parent or carer to help find a newspaper or magazine to look at and make a list of ten items you can buy in a shop. Make a note of what shop you could buy them in.



# Create a fantasy shopping list

Have a think about what shops you will need to buy your items



## Example:

### What I need:

Orange juice

New jumper

New trainers

Shampoo

Biscuits

Kitchen spray

### Where from?

Tesco

Primark

Sports Direct

Superdrug

Tesco

Wilko



# Independent Living: Community Living

Knowing which shop to buy from.

## Make it easier

Focus on one genre of shop at a time. E.g. list all the different clothes shops you are familiar with and talk about the different items available.

Create a realistic shopping list with a family member or carer and shop for the items on your list.

## Make it harder

Find out whether the shops you are familiar with do online shopping - ask your parent or carer to help you go online and browse the items available.

Use past experiences for examples: What shop have you been to recently and what did you buy?

## More ideas

Ask your parent or carer to help you have a look online at the different shops on your local high street.

Discuss what your favourite shop is and what you would like to buy if you could visit there.



# Signposting

Independent Living:

- Building Understanding- Knowing which shop to buy from (Unit 4)
- Building Understanding- What's on the high street (Unit 4)
- Building Understanding- Supermarket shopping (Unit 4)
- Applying Learning- Putting shopping away (Unit 4)



# References

Slide 7- Primark,Broadgate, Coventry, Hazel Nicholson, Flickr Attribution 2.0 Generic (CC BY 2.0) / H&M Logo, Unknown, Wikimedia Commons/Boots Pharmacy, Pexels/Superdrug, Edward, Wikimedia Commons/Wilko, Wythenshawe, Mikey, Flickr Attribution 2.0 Generic (CC BY 2.0) /Sainsbury's Logo, Sainsbury's-J Sainsbury PLC, Wikimedia Commons/Tesco Logo, Mike Rosenberg, Flickr Attribution 2.0 Generic (CC BY 2.0)/Sports Direct, Centrale, Croydon CR0, Kake, Flickr/John Lewis logo, I LOVE SVG, Wikimedia Commons/Marks & Spencers- The mall Athens, Gianni.M, Wikimedia Commons/ASDA Supermarket - Hagley Road West, Quinton, Elliot Brown, Flickr Attribution 2.0 Generic (CC BY 2.0)/Argos Logo, Argos Careers, Wikimedia Commons

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